

ST. PAUL LUTHERAN CHURCH
610 15TH ST.
AMES, IA 50010
515-232-5838
VISIT OUR WEBSITE AT WWW.SAINTPAULAMES.ORG
OR OUR FACEBOOK PAGE AT ST. PAUL LUTHERAN CHURCH, AMES, IA

REV. DR. TODD JENKS, PASTOR
LORI JENKS, PRESCHOOL DIRECTOR
PRESCHOOL- 515-233-1914

A Note from Your Pastor

Friends in the Lord,

It has become our custom here at St. Paul that on the Sunday closest to Independence Day, we hold a special worship service to thank God for our nation and for the freedoms we have in our country. This year, the Sunday closest to July 4th is on the Fourth of July weekend: July 7. We have set aside this special Sunday, July 7, to thank God for the freedoms we have in this nation.

In July, as Americans, we remember the founders of our nation and the sacrifices they made for our freedom. We remember those who continue to live and die for freedom. As Christians, we also remember the One who lived, died and rose to win the ultimate freedom for us! Jesus Christ had to pay a price to set us free from Satan. The price was Christ's life, His blood, offered on the cross to pay the cost of our sins. *"You were bought at a price" (1 Corinthians 6:20). "But now you have had every stain washed off: now you have been set apart as holy: now you have been*

pronounced free from guilt; in the name of our Lord Jesus Christ and through the Spirit of our God" (1 Corinthians 6:11).

Sunday, July 7, we will lift our prayers and praise to the Lord for His blessings in the United States of America. Join us as we thank God for the tremendous freedoms we are blessed with in our country! Join us for worship as we pray for God to guide and bless America, and as we praise the Lord for the eternal freedom we have because of Jesus.

In Jesus, who truly frees us,
Pastor Jenks



**Celebrate Our
Freedom to Worship**

Inside this issue:

Pastor's Note, Worship Schedule/Elder Board News
Evangelism
Human Care
Wellness
Education and Youth

1-2 Women's Ministry
Birthdays and Anniversaries
3 July Service Roster
4 Board of Directors Minutes
5 St. Paul Preschool News
6-7

Our Mission is:

- 8-9**
10
11
12-14
15
- To Know Jesus Christ as Savior and Lord,
 - To Grow in faith through His Sacraments and Word, and
 - To Go share His Gospel with love in our community and world.

Worship Services at St. Paul Lutheran Church

Sunday, July 7

10:00 a.m. Worship with Holy Communion

Sunday, July 14

10:00 a.m. Worship Service



Sunday, July 21

10:00 a.m. Worship with Holy Communion

Sunday, July 28

10:00 a.m. Worship Service

Elder Board News

After several attempts, we have not been successful bringing an intern to St. Paul. The Elder Board is now seeking input from members about calling a Director of Religious Education. A DCE would be a resource for youth and families as well as an outreach to the community but would require a significant financial commitment from our church. An informational meeting will be scheduled soon to seek input.

THANK YOU – our congregation has responded generously and we are able to proceed with installing the security cameras in the next several months. Please stop giving.



Coffee Time

Every Sunday in July come to the fellowship hall for Coffee and Conversation before the church service.

Coffee and treats 9:15 to 9:45. Everyone is welcome. Good opportunity for those who don't come to Bible class to enjoy coffee time.



Evangelism

The recipients of the MAPS funds have thanked us and are overwhelmed with gratitude for the generosity of the St. Paul members. Orphan Grain Train will use our donation for future shipments which are very costly.

Mission Central appreciates our donation and will forward to the missionaries we support and a new family who are just beginning their mission. They are starting a new mission in Belize. (Dr. Oliver is no longer a missionary and his mission has closed.) Gary Thies loves all we do.



New gathering of supplies.

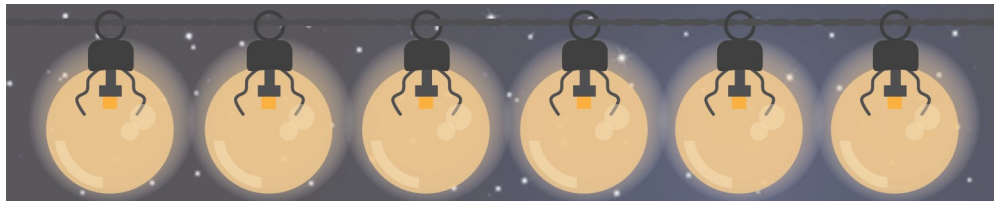
School will be starting again and we would like to help children going back to school with supplies and children's socks and underwear. All must be new and in the package. There are other groups collecting school supplies and we will share our collection with them.



NEW OPPORTUNITY!

If you are interested in taking over the planting/decorating of the flower pots at both entrances of our church, please contact Cindy Baas. I will leave my pots for anyone to use if they wish. You may contact me at 515-291-4289 or email me at baascindy@gmail.com or just grab me at church sometime.

Cindy Baas



If you stop by the church during the week, please TURN OFF any lights that you turned on. The lights have been left on in the basement several times.

Human Care

YOU ARE INVITED TO A POTLUCK PICNIC!!!



**SATURDAY, JULY 27TH,
5:30 P.M.
AT MOORE MEMORIAL PARK**

WITH A DEVOTION AND SONGS AFTERWARD



**Sign-up sheet on the bulletin board in the Narthex
Drinks & service ware provided
Bring lawn chairs, if desired**

Sun Safety



April through August are the months when the sun's UV rays are the highest. It is so important to wear sunscreen and sunglasses to keep your skin and your eyes safe. Some important principles of sun safety are:

- ◆ Wear SPF sun protective clothing for sun safety, even on cloudy days.
- ◆ Sunscreen should be SPF 30 (or higher), broad spectrum, and water resistant.
- ◆ Sunscreen should be applied 15 - 30 minutes before exposure, and should be re-applied after you towel dry and after 2 hours in the sun.
- ◆ Wear a broad-brimmed hat and UV blocking sunglasses.
- ◆ Babies 6 months and younger have highly sensitive skin and they should have NO SUN exposure!
- ◆ Dark colors (dark blue, black, and dark red) provide the most sun protection. Dark colors absorb the UV rays. Those dark colors are good for umbrellas and sun shades used to protect you from the sun. Dark colors are also a good choice for clothing.
- ◆ HYDRATION is very important while spending time in the sun. Increase your water consumption before and during sun exposure.
- ◆ It is also important to use lip balm with sunscreen. (burning your lips is not a fun experience). How can we tell if we have over-done our time in the sun? Some symptoms include red, warm, and tender skin, headaches, fever, nausea, fatigue, and of course skin blistering.

While exposure to the sun has many harmful effects, there are also beneficial impacts of sun exposure. These include:

- ◆ Promoting improved state of mind and sense of relaxation.
- ◆ Improving workplace satisfaction through exposure to natural light.
- ◆ Reducing feelings of depression.
- ◆ Feeling more alert.
- ◆ Increasing Vitamin D levels to promote our immune system and wound healing.



Summer is a great time to enjoy the great outdoors, but we need to be mindful of the potential harmful effects of the sun.

Education and Youth

SAVE THE DATES! - Fall District Youth Gatherings



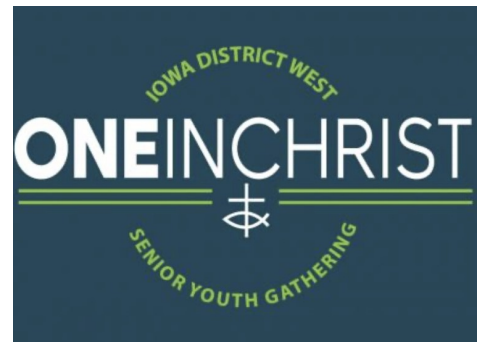
The Iowa District West (IDW) will hold the **Jr High Youth Gathering October 19-20** at the Sheraton Hotel in West Des Moines. This gathering is for youth in grades 6-8. The theme will be: The Great Exchange with topics on confession and ab-solution.

Look for more information in August. And as always, the Board of Youth has funds available to help with registration costs.

Sr High Youth Gathering NEW THIS YEAR! -

This year's Sr. Youth Gathering will be different - a different month, different loca-tion, different schedule, and different cost, but the same GREAT QUALITY event! Instead of going to the Airport Holiday Inn, the event will be **at Camp Okoboji**. The theme will be "One in Christ".

Once we know how many youth are interested in going, we will discuss which option to select for go-ing October 4-6 for \$115 or October 5-6 for \$85. Cost includes lodging, meals, programs and activi-ties. More information will be available this summer as well as a group survey on dates. As in the past, the Board of Youth will have funds available to help families with registration costs.



Keep Camp Okoboji Youth in Your Prayers

We have a number of youth attending Camp Okoboji this summer. Please keep the following in your prayers.

Jr High Week (July 7-13):

Cub Week 2 (July 14-20):

Youth Week (July 21-27): .

We also have 2 youth who will be camp coun-selors. Jr High Week (July 7-13) and Cub Week 2 (July 14-20). Cub Week 2 (July 14-20).



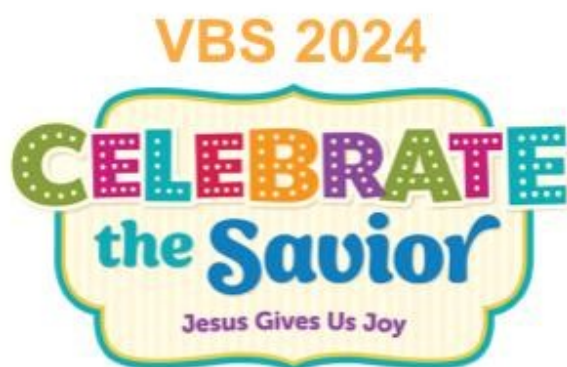
Education and Youth

CAN YOU BELIEVE THE LCMS YOUTH GATHERING IS ONLY A YEAR AWAY?!!

Held every 3 years since 1980, the LCMS Youth Gathering provides thousands of youth and adults the opportunity to come together as a community of God's people to learn more about Jesus Christ, the Christian faith and their Lutheran identity.

The Gathering will be held on July 19-23, 2025 in New Orleans. During the five days of the Gathering, youth spend time together in God's word, worship, service, and fellowship with others from across the synod. The theme is *Endure* based on Hebrews 12:1-3. "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart."

As our youth and their leaders enter the final year stretch of fundraising and preparation, please support them and keep them in your prayers.



Sun. July 28- Wed. July 31
5:15 PM Family Meal
6:15PM-8PM Vacation Bible School
St. Paul Lutheran Church - Ames

Sign up for VBS! Use the link below.

<https://vbsstpaul.weebly.com>

Also check the bulletin board for a sign up sheet for helpers, or call Mindy Buckley at 334-580-9126.

Note: VBS time is 6:00 to 8:00 pm with supper at 5:15.

Women's Ministry



Those attending the LWML Convention at Camp Okoboji were: L to R- Vickie Roach, Julie Coy, Brenda Dryer, Linda Peterson, Breanna Wetzler and Mindy Buckley. They are standing in front of the Boone Zone banner which was made by Julie Coy.



2023–2025 MISSION GRANT NO. 8

Expanding Gospel Proclamation Worldwide Concordia Seminary, St. Louis, MO — \$100,000

The LCMS receives frequent requests from other Lutheran church bodies around the world to share theological knowledge and doctrinally sound practices. Supporting and expanding theological education is one of LCMS's key mission priorities to ensure there will be well-educated pastors to lead these congregations.

Very few of these church bodies have the resources to send students to the United States for advanced studies and there is a need for seminary professors who have advanced theological degrees to instruct and mentor pastoral students in their home countries.

God has equipped our seminary professors to fill this gap. International students will come to Concordia Seminary, St. Louis, to complete advanced degrees, and they will return to their country to train pastors who will then shepherd their local churches. This grant will provide aid to international students completing their advanced degrees.



Futao Liu is a Ph.D. student from Kai-feng, China. In 2021, he earned a four-year M.A. in theology from the Cross-cultural Ministry Center at Concordia University, Irvine, Calif. After earning his Ph.D., he hopes to share the Gospel according to Lutheran doctrine in Asia, with a possible focus on evangelizing to those living in Asian countries with significant Mandarin-speaking populations.

Women's Ministry

LWML Mite Update: NEW MISSION GOAL

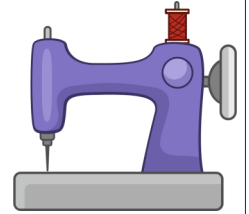
2023-2025 National Mission goal:
\$2,350,000.00



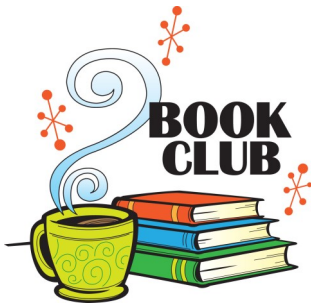
We normally collect mites for missions on the 1st Sunday of each month.

Place your Mites in the large Mite Box in the narthex. For more information about LWML go to www.lwml.org.

FAMILY SERVICE ~ Quilters will meet July 11 and 25 from 10 to 2 pm for Quilting. Bring a sack lunch and join us for the fun! If you can tie a knot, you can help!



“Book to Know to Help You Grow”



Our book list for the next year is below. Our book club is open to all members of the congregation. Just read the book and show up for the discussion. Questions? Contact Connie Lastine at 515-292-4992.

Our next book, for July 11 at 7 pm, will be “All My Secrets” by Lynn Austin. We will be meeting in the Fellowship all

Synopsis: **“New York, 1898.** The only thing more shocking than Arthur Stanhope III’s unexpected death is the revelation that his will bestows his company—and most of the vast fortune that goes with it—to the nearest male heir, leaving his mother, wife, and daughter nearly impoverished. His widow, Sylvia, quickly realizes she must set aside her grief to ensure their daughter, Adelaide, is launched into society as soon as the appropriate mourning period passes. If Sylvia can find a wealthy husband for Addy before anyone realizes they’re practically destitute, there will be little disruption to the lifestyle they’re accustomed to.

Sylvia’s mother-in-law, Junietta, believes their life could use a little disruption. She has watched Sylvia play her role as a society wife, as Junietta once did, despite what it cost them both. Junietta vows to give her granddaughter the power to choose a path beyond what society expects.

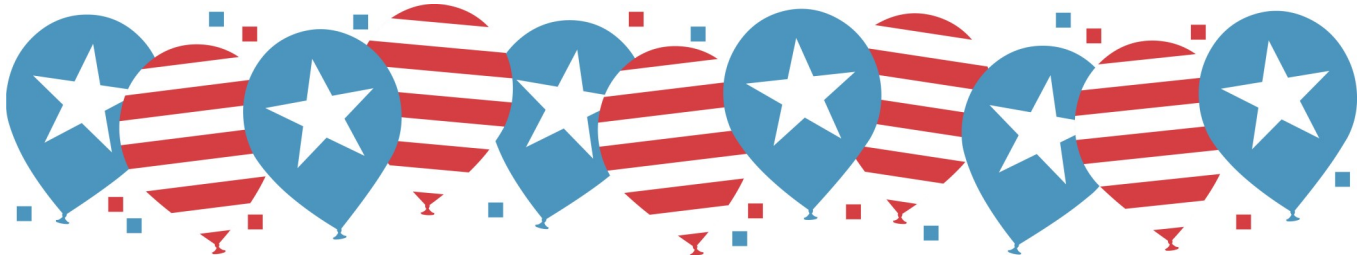
But for Addy to have that chance, both mother and grandmother must first confront painful truths about their own choices. Only in bringing their secrets to light can they hope to reshape their family inheritance into a legacy more fulfilling than they ever dared dream.”

Date	Location	Book
July 11, 2024, 7 pm	St. Paul Fellowship Hall	“All My Secrets” by Lynn Austin

July 2024 Sunday Service Roster

Thank you for serving!

	July 7 10:00 am	July 14 10:00 am	July 21 10:00 am	July 28 10:00 am
Organist	LaDonna Osborn	Ellen Sander	LaDonna Osborn	Praise Team
Elders	Jim George	Jim George	Bob Walker	Bob Walker
Lectors	Jim George	Marlene Johnson	Steve Johnson	Glenn Crosswait
Acolytes	Elias Buttery		Max Vogel	
Ushers	Mark & Janelle Swenson, DeAnn Malfero, Dave Osborn	Mark & Janelle Swenson, DeAnn Malfero, Dave Osborn	Mark & Janelle Swenson, DeAnn Malfero, Dave Osborn	Mark & Janelle Swenson, DeAnn Malfero, Dave Osborn
Greeters	Dean & Ardy Ulrichson, Katie Friedrich	Dean & Ardy Ulrichson, Katie Friedrich	Dean & Ardy Ulrichson, Katie Friedrich	Dean & Ardy Ulrichson, Katie Friedrich
Valet Parker	Brent Peterson	Tom Peter	Paul Knop	Tom Baas
Offering Counters	Larry & Nancy Wiebel	—————>	—————>	—————>
Altar Guild	Becky Juelfs	DeAnn Malfero	Karen Griffin	Becky Juelfs
Power Point	Cindy Baas	Breanna Wetzler	Sarah Fahrman	Amy Carver
Sound Board	Tom Baas	Julie Coy	Ben Fahrman	Shaun Carver
Camera	Matt Carver	Eric Phipps	Tom Baas	Harry Mundt



St. Paul Lutheran Preschool News July 2024

This past year St. Paul Lutheran Preschool has been working on receiving the achievement of a Level 1 with Iowa Quality for Kids (IQ4K). What is IQ4K? Iowa Quality for Kids (IQ4K®) is Iowa's new Quality Rating and Improvement System (QRIS) for Department of Health and Human Services (HHS) licensed Child Care Centers and preschools. IQ4K® provides levels of quality (building blocks) that programs can achieve and continue to improve on.

St. Paul Lutheran Preschool is very happy to announce that we have achieved a Level 1 after working this past school year on these areas:

Area of Nutrition and Physical Activity: Each staff member took a 4-hour Food Safety Class. The Preschool took an assessment on their policies on nutrition and physical activity and then we added 1 new goal in each area of nutrition and physical activity.

Area of Professional Development: Each staff member created a professional development plan. They also each took the Passport Class (a 13-hour class to learn the basic skills of early childhood education).

Area of Leadership and Administration: Each staff member completed a staff assessment and the director completed the program assessment for St. Paul Lutheran Preschool. Through the staff and program assessments, we discovered the strengths of our program as well as areas where we could make enhancements to make our program the very best it can be.

Area Of Family and Community Partnership: We reviewed and updated our family orientation plan and stated a community partner we work with to help benefit families. The director wrote about how the preschool partners with BooST (a program that provides scholarships for low-income families.)

Area of Environment: We reviewed and updated policies in our Preschool Handbook for Supervision, Playground Equipment Stability and Fall Surfacing & Inspection, Sign-in/Sign-out System for Children and Visitors, plus other areas of policies and procedures. In addition, the staff filled out an assessment IQ4K about Interaction and Relationships within the preschool.

Area of Teaching, Qualifications, and Learning: The teachers are participating in Tier 1 training and at least 2 teachers have been trained via the Iowa Early Standards.

St. Paul Lutheran Preschool is very proud of achieving a Level 1 in the IQ4K. This took a great deal of time and work. This next school year, we will work further and progress even farther, accomplishing new goals of quality standards to achieve a Level 2 in the IQ4K.

God has entrusted us with many children to minister to as we share Jesus with them, helping them learn and grow. We will keep doing our very best as we work as a mission of the St. Paul congregation. We are pleased to be YOUR preschool, serving Jesus and spreading His Word.