

MARCH 2023

ST. PAUL LUTHERAN CHURCH
610 15TH ST.
AMES, IA 50010
515-232-5838

VISIT OUR WEBSITE AT WWW.SAINTPAULAMES.ORG
OR OUR FACEBOOK PAGE AT ST. PAUL LUTHERAN CHURCH, AMES, IA

REV. DR. TODD JENKS, PASTOR

LORI JENKS, PRESCHOOL DIRECTOR
PRESCHOOL- 515-233-1914

A Note from Your Pastor

Members of St. Paul,

I bet you all have heard a quote that goes something like this: "The main thing is to keep the main thing the main thing." So what is the main thing in the Christian church? After completing His mission for our salvation through His death and resurrection, Jesus told His disciples prior to His ascension: "Go, make disciples of all nations!" That's what it's all about.

St. Paul has been about the business of making disciples for Jesus since 1953. Originally, we met in the facility of the 7th Day Adventists, since they didn't use it on Sundays. Then we constructed this facility at 15th and Wilson, making many changes to it through the decades to keep it functional for us.

After many decades of use, our voters have decided that the time finally has come to move on. The voters told us about many problems at our present property, problems such as these:

We are landlocked. We don't have enough parking. The unresolvable water issues in the basement have become a safety hazard when water comes in through the light/electrical fixtures. We have very little green space. We are not accessible on one level. We have asbestos

under the floor tiles in the original part of the building. We are not visible on a main road.

Friends in Christ, these issues are just the tip of the iceberg behind the momentum to move to a new facility. In our Synod, we fully trust that God works through our voters' assembly. The voters of St. Paul virtually unanimously approved a fundraising campaign to gather pledges for funding our relocation to a new site. This campaign begins in earnest this month, as we launch the **Inspire** phase of our Ministry Expansion Campaign. The goal of this **Inspire** phase is to provide more details on the relocation and on the mission of Jesus that lies ahead of us.

Watch for more details about your opportunities to learn about why the Lord led our voters to approve pursuing relocation to a new 15-acre site, which by the way will be donated to St. Paul for FREE (through an anonymous donor).

In Jesus, Pastor Jenks



Inside this issue:

Worship Schedule/Building Committee Update	2
Easter Processional Wellness News	3-4
Evangelism/Grief Share	5
Stewardship/Education & Youth	6
Education & Youth	7-8

Women's Ministry	9-11
Birthday and Anniversaries	12
March Service Roster	13-14
American Heritage Girls	15
Bd of Directors	17-18
Preschool	16

Our Mission is:

- To Know Jesus Christ as Savior and Lord,
- To Grow in faith through His Sacraments and Word, and
- To Go share His Gospel with love in our community and world.

Worship Services at St. Paul Lutheran Church

Wednesday, March 1

Lent II

7:00 p.m. Worship Service

Sunday, March 5

9:00 a.m. Education Hour

10:00 a.m. Worship with Holy Communion

Wednesday, March 8

Lent III

7:00 p.m. Worship Service

Sunday, March 12

9:00 a.m. Education Hour

10:00 a.m. Worship Service

Wednesday, March 15

Lent IV

7:00 p.m. Worship Service



Sunday, March 19

9:00 a.m. Education Hour

10:00 a.m. Worship with Holy Communion

Wednesday, March 22

Lent V

7:00 p.m. Worship Service

Sunday, March 26

9:00 a.m. Education Hour

10:00 a.m. Worship Service

Wednesday, March 29

Lent VI

7:00 p.m. Worship Service

An Update from the Building Committee

Progress on the Phase 1 building plans is progressing with the architectural plans being provided to Story Construction. These plans are in their queue, and Story Construction will complete the cost estimate for the next Building Committee meeting during the last week of March. We are excited to see this estimate, as it will provide a more accurate project cost than the previous estimates.

On another note, our architect, Ethos Design Group, has been purchased by another firm, ISG. We do not anticipate any issues with this development since many of the individuals we have been working with are continuing with ISG. However, since we have just been notified of this change, we will continue to assess the situation as we move forward.



Ways you can

SERVE

STILL Needed– Church Archivist

Are you someone who likes to serve behind the scenes? On your own schedule? Perhaps this position is for you. For more details, call the church office.

EASTER PROCESSIONAL



There will be a sign-up sheet for the Easter Processional on the bulletin board. Please sign up by Palm Sunday, April 2nd. Many men, women and children are needed. More information for those volunteering will be forwarded to you.



Lilies will be placed around the sanctuary for Easter Sunday. They are not only beautiful to look at and to smell their lovely fragrance, but they are a wonderful way to show glory and honor to our Lord and Savior Jesus Christ.

Lilies will be available for the price of \$13.00.

The deadline to order will be Sunday, March 29th.

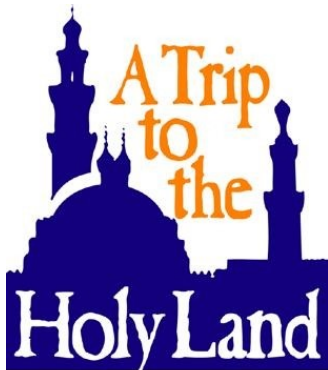
Watch the church bulletin for the Lily Order Form or forms are available in the Church Narthex.



MARCH 26 is Time, Talent, and Treasure Sunday.

Prayerfully fill out the form and pledge card and bring them to the service on March 26th. (You can also drop it in the offering box in the narthex.) One form and the pledge card are included in the Epistle. Additional forms are available in the narthex.

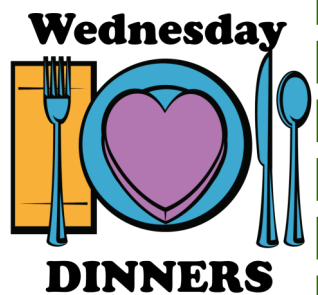
Members of St. Paul are invited to join Rev. Dr. James Lamb and Rev. Michael Wolfram on a ten day tour of Israel, with an optional trip to Egypt. Travelers will depart from Des Moines January 15, 2024. For



more details, please take an informational brochure from the credenza near the restroom entrance.

Three more groups are needed to serve Lenten meals.

How about a couple of Missional Community Groups? Or just a group of friends? See the sign up sheet on the bulletin board. Weeks needed are March 15, 22, and 29. Thank you.





“Something Fun for National Nutrition Month”

eat right! Academy of Nutrition and Dietetics

National Nutrition Month® 2023



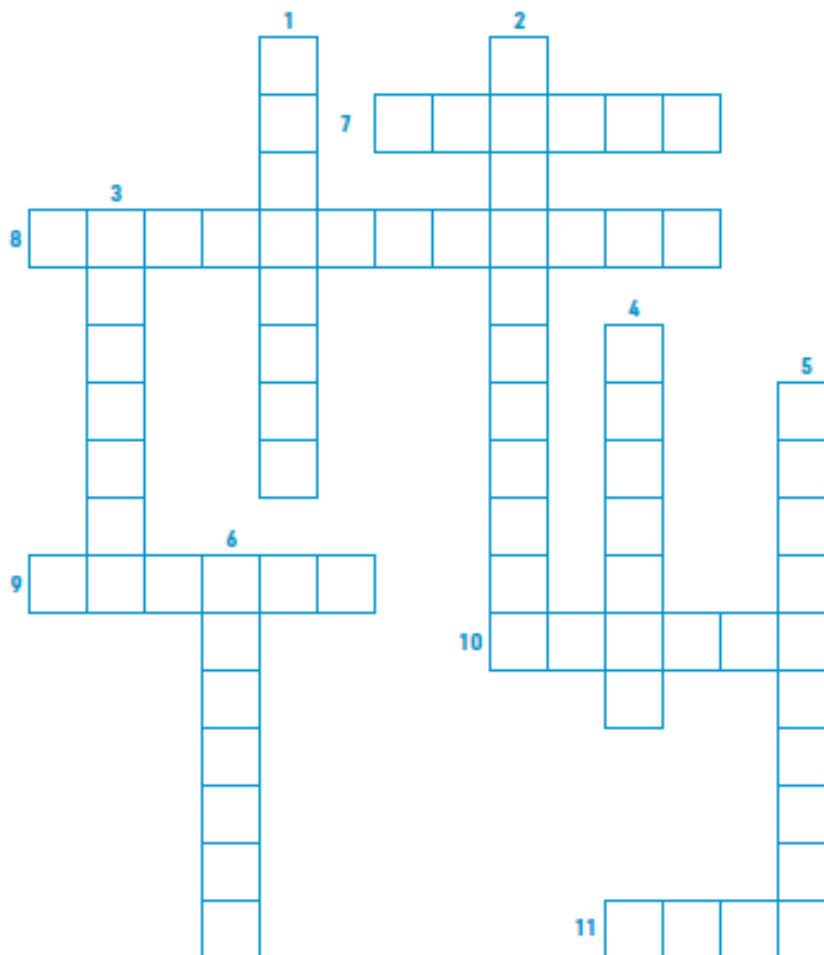
CROSSWORD

DOWN

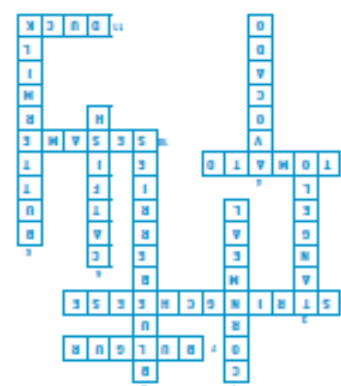
- When corn is dried and processed, it can be made into this ingredient which is used for dishes like polenta, grits, and cornbread.
- These tiny fruits are available fresh, frozen, or dried and include a color in their name.
- This fruit is a cross between a pomelo and a tangerine.
- This fish is often used in Cajun cuisine or may be coated (in the answer to #1 Down) and baked or fried.
- A low-fat, slightly sour beverage that is part of the Dairy Group.
- Found in the produce section and is often bumpy on the outside and smooth and green on the inside when ripe. It's also the main ingredient in guacamole.

ACROSS

- A type of quick-cooking wheat kernel that's popular in dishes like pilaf, tabbouleh, and kibbeh.
- This dairy food is common in lunchboxes and a popular snack for children and adults.
- This vegetable may be eaten raw or cooked and is used to make sauces for pasta.
- These seeds have a nutty taste and are the main ingredient in tahini. They can also be used in a variety of other dishes or pressed into an oil that's used for cooking.
- This game bird is found on dinner tables in some households during the holidays and special occasions.



ANSWERS



Evangelism

Orphan Grain Train donations continue to be awesome and now will be a good time to check the closets for items you don't use anymore. Maybe each family can donate 40 items for the 40 days of Lent.

Spring break will be a wonderful time for some and for others it is very stressful as the children are out of school and need lunches and snacks. **We will collect snack items** to be delivered to the schools before break. There will be a list of schools on the snack basket.



Just a reminder to use your Thrivent gift cards. If you are a Thrivent member you can get a \$250. gift card to be used for a church project. Select something you would like to donate to and someone at church will help you receive a card. Some suggestions are Camp Okoboji - building supplies or play ground; Orphan Grain Train can use cards for kits items like diapers, pins, plastic pants and health kit items. The quilters use them for fabric and Vacation Bible school needs them for supplies. This is just a few suggestions. When you get a card, be sure to use all of the \$250. because they will expire and then you have lost anything left on it.

Camp Okoboji is getting ready for another super summer and help is needed to get it ready for campers. Ron is wanting to take a large group this year for the work weekend (May 5-6) to help get everything ready for campers. Sign up sheet with date it will be on the bulletin board soon. Ask Ron Coy for details. He is our camp representative.

Griefshare



February 28 begins our second 11-week cycle of our grief recovery ministry called "GriefShare". GriefShare is a Biblical, Christ centered grief support ministry. GriefShare helps group members share concerns, apply Biblical principles to the healing process after the death of a loved one. Participants see how the gospel brings hope and restoration.

God has blessed us with two generous donors so we can continue to offer this series at no charge. I am very grateful that I do not write this asking for monetary support. Instead, I ask for your prayer support.

This session our support group will have 14 participants and we cannot accommodate more. The need is great. 78% of the participants are not from our church. Some have no current church connection. There are over 15,000 churches offering one or more groups. There are a lot of hurting people. They are in need of our Lord's love and compassion.

Pray for our leaders, Carolyn McCall, Gretchen Zitterich, and Beth Henriksen (substitute). Pray for wisdom, compassion, strength, and that the Holy spirit guide our words and actions so that we provide a warm caring environment... an oasis on their journey through grief. Thank You. Gretchen Zitterich

Stewardship

How did your favorite team do this year? We had a wonderful service on Team Sunday in February. Then the Super Bowl showcased two **amazing** football teams. What a lot of talent and good sportsmanship was displayed.

We were reminded by Pastor Jenks that we are all on Jesus' team. We can all work together to further God's kingdom...spread the gospel good news in our corner of the world. Each of us has talents... special gifts from God to be used for His glory.

Stewardship Sunday, March 19, we will place a special emphasis on encouraging each of us to use our talents, time, and treasure on St. Paul's team.

By grace, God invited us to be on HIS team. We show our gratitude by using our lives and blessings; time, talents, and treasure, in ways to honor Him. We recruit other people to join our team so they may experience His saving grace.

Our congregation is a team devoted to serving Jesus Christ. You are the players. You have a role to play. Your actions and efforts can help the St. Paul team accomplish the work here in our congregation. The specific dedication of your time, talent, and treasure for the work of our Lord here at St. Paul enables us to respond to God's grace in practical and effective ways.

You may say "I have no **amazing** talents". ...no worries... the Holy Spirit will do the "**amazing**" part. You may be ordinary...the Holy Spirit makes your work extraordinary. **Amazing**, isn't it?



Education and Youth

Board of Youth

February was a busy month for our board as we will be having our annual Youth Sunday on February 26th. Youth in grades 3rd – 12th will lead the congregation in worship and share some of their thoughts with the theme "Under Construction". We thank the families for taking time to bring their kids to the practices and encouraging them to share their faith with the congregation. Our next LYF event will be on Sunday, March 5th. This will be a combined event for grades 3rd – 12th. The kids will enjoy a Mystery Meal, game time and joyful fellowship. As a side note, the LYF events for high school are usually on a Sunday afternoon and the events for grades 3rd-8th are usually the first or second Wednesday of each month. Due to the Lent season, we have sometimes adjusted the Wednesday events to a weekend time. We thought we would host a combined event for March so the kids could all be together and also have time for regular Lent worship. So if you were thinking that they LYF events were different this month, you are right. If you are a parent of a youth in grades 3rd-12th, be on the lookout for information coming about this in your email.

Education and Youth

Thank You! from the Youth Gathering Youth

Thank you to everyone who purchased subs, sweets or gave a cash donation for our sub & sweets fundraiser. We raised almost \$1,100!

We also want to thank HyVee, the Voges and Fareway with help for materials. This is a great start to our fundraising efforts for the 14 youth who will be attending the Youth Gathering in 2025 in New Orleans.



Trivia Night

Do you think you've got what it takes? Put together a team of 8 and prove it! The Gathering 2025 youth will be hosting a trivia night event Saturday March 25th. Sign-in begins at 5:30 with questions beginning at 6. Bring food and drinks and make a evening of it! Tables of 8 will be \$100. All proceeds will benefit our youth attending the LCMS gathering 2025 in New Orleans.



Pictures of TEAM SUNDAY

All Different Teams — But we are all on God's Team!



Camp Okoboji

Register NOW for Summer Camp at Camp Okoboji and get 10% discount on your registration! Register online before March 1 and you can get 10% off your registration cost! No payment needed at time of registration, just complete the forms!

June 2-4 Kid's Kamp (for K-2nd grade with an adult)

June 8-11 Joy Camp #1 (for campers with developmental needs)

June 25-29 Cub Week #1 (for completed 3-5th graders)

July 2-7 Family Retreat (For families of all ages)

July 9-15 Jr. High Week (For completed 6-8 graders)

July 13-16 Joy Camp #2 (for campers with developmental needs)

July 16-22 Cub Week #2 (for completed 3-5th graders)

July 23-29 Youth Week (for High School students grades 9-12)

July 30-Aug 4 Family Retreat (For families of all ages)

Aug 6-11 Family Retreat (For families of all ages)

Counselors and Summer staff are also needed. For more information go to www.campokoboji.org. Or contact Carla Murphy.

The playground at the camp is very outdated and the equipment and surface are not safe.

From Feb. 1 to April 15 the Camp Auxiliary will have a matching fund campaign. Up to \$20,000 will be matched 2 to 1. If you would like to donate to the camp playground fund, send checks to: Camp Okoboji Auxiliary, 1531 Edgewood Dr., Milford, IA 51351. Memo line— Playground. Thank you!



Women's Ministry

St. Paul will be hosting the Boone Zone Spring Rally.

The date is April 1 at 9:00 am. Our Speaker will be Orphan Grain Train, where we send so many donations of quilts and clothing. We will be collecting Hygiene Kits as our ingathering. **Will you help us collect items for the kits?** You may bring all the items already assembled, or just bring items for the kits. We appreciate all donations. Look for a collection tub in the narthex.



HYGIENE KITS

CONTENTS

- | | |
|--|---|
| <input type="checkbox"/> 1 bath towel | <input type="checkbox"/> 1 sturdy comb |
| <input type="checkbox"/> 1 wash cloth | <input type="checkbox"/> 6 band-aids
(1/2" or 3/4") |
| <input type="checkbox"/> 1 bath-size bar of soap | <input type="checkbox"/> 1 small package facial tissues |
| <input type="checkbox"/> 1 plastic soap box holder | <input type="checkbox"/> 1 nail clipper |
| <input type="checkbox"/> 1 toothbrush | <input type="checkbox"/> 1 piece of strong ribbon or cord |

ASSEMBLY

1. Lay out the towel on a flat surface.
2. Fold over about 5" on each long side.
3. Place the rest of the items in the center under the folds.
4. Roll up the towel.
5. Use ribbon or cord to tie the towel together in the middle.

PLEASE NOTE

- Dark colored linens are recommended.
- We recommend leaving contents in the original packaging, but it is not required.
- No additions, deletions, or substitutions.
- Do not add money, photos, or personal notes.
- Do not include items with religious, camouflage, patriotic or military symbols.
- Pack only new or gently used items.
- Do not include plastic bags.
- It costs an average of \$11 to ship each box of kits. Please consider a donation to your local OGT branch to help with shipping.

Although well-meaning variations are tempting, please do not do this. It may result in heavy fines and/or the entire shipment being confiscated by customs officials.

Needed: Hospitality Chairperson



CAN
You
HELP?

The Hospitality Chair is the person who oversees the kitchen at funerals or other special church events. Due to a health concern, Ellen Sander is not physically able to continue in this role, but she will gladly share everything she knows and help if someone will step into this position. If you can help Ellen, please call her at 515-520-9638. Thank you!

Women's Ministry

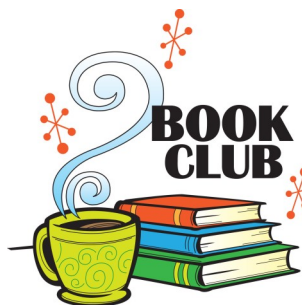
LWML Mission Grants- Missionaries to America Project-2021–2023 Mission Grant 25 — \$88,000

The United States is populated by people from all corners of the world. The purpose of Mission Nation's "Missionaries to America" project is to help the LCMS strengthen its capacity to share Jesus with people with whom we may be unable to relate because of cultural and language barriers. With this grant, Mission Nation Publishing will be able to provide opportunity and resources for each of us to be better witnesses for Jesus to ethnic groups other than our own, through the publication of the stories of missionaries, who now reside in the United States, and their respective journeys to faith.



Missionary to America Gagan Gurung spent 22 years in a refugee camp in Nepal. Because of ethnic prejudice his family was forced to leave Bhutan. While there a former Hindu priest turned Christian evangelist tried to bring Gagan to Christ, but he ran away, hiding in a Hindu temple in the mountains. He came to Christ after a miracle in his life. Today he is a missionary in St. Louis, where he has brought more than fifty Nepalese refugees to baptism at Timothy and Ascension Lutheran Churches.

"Book to Know to Help You Grow"



Our Books to Know group decided to meet the evenings in July, September and May and afternoons during November, January and March.

Our next meeting will be March 9 at 2:15 pm in the Fellowship hall to discuss "Pope Joan" by Donna Woolfolk Cross.

Barnes & Noble says: "In this international bestseller and basis for the 2009 movie of the same name, Donna Woolfolk Cross brings the Dark Ages to life in all their brutal splendor and shares the dramatic story of a woman whose strength of vision led her to defy the social restrictions of her day.

For a thousand years her existence has been denied. She is the legend that will not die—Pope Joan, the ninth-century woman who disguised herself as a man and rose to become the only female ever to sit on the throne of St. Peter. Now in this riveting novel, Cross paints a sweeping portrait of an unforgettable heroine who struggles against restrictions her soul cannot accept.

Brilliant and talented, young Joan rebels against medieval social strictures forbidding women to learn. When her brother is brutally killed during a Viking attack, Joan takes up his cloak—and his identity—and enters the monastery of Fulda. As Brother John Anglicus, Joan distinguishes herself as a great scholar and healer. Eventually, she is drawn to Rome, where she becomes enmeshed in a dangerous web of love, passion, and politics. Triumphant over appalling odds, she finally attains the highest office in Christendom—wielding a power greater than any woman before or since. But such power always comes at a price."

Date	location	Book
March 9, 2023, 2:15 pm	Fellowship Hall	"Pope Joan: A Novel" by Donna Woolfolk Cross
May 11, 2023, 7 pm	StoneBrooke Club house	"The Lion, the Witch, and the Wardrobe" by C. S. Lewis

Women's Ministry

LWML Mite Update: as of 12/31/22

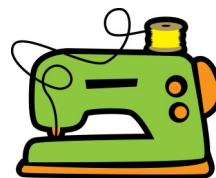
2021-2023 National Mission goal: \$2,150,000.00

Received: \$2,154,511.75

We normally collect mites for missions on the 1st Sunday of each month. For more information about LWML go to www.lwml.org.



FAMILY SERVICE ~ Quilters will meet March 9 from 10 to 2 pm and March 23 from 10 to noon with our Family Service meeting at 1 pm. Bring a sack lunch and join us for the fun!



Registration is open for the 2023 LWML Convention

Date: June 22–25, 2023

Location: Milwaukee, Wisconsin

Theme: Celebrate the Lord of the Nations

Scripture Verse: *Blessed is the nation whose God is the Lord, the people whom he has chosen as his heritage! The Lord looks down from heaven; he sees all the children of man* (Psalm 33:12–13).

Goal Statement: As His children, we celebrate the Lord of the nations.

For more information, talk to Julie in the office. A bus option is also available.



Several women from our congregation will be going to the LWML Convention in Milwaukee and will be able to take Gifts from the Heart collected by our congregation.

Items being collected are: For Phil's Friends (provides Christ-centered support and hope to those affected by cancer) - Puzzle books, Journals, Playing cards (regular), Fuzzy socks, Hats (knit, crochet, or baseball), Walmart gift cards* (any denomination); For Refuge for Women (a recovery program for victims of human trafficking and sexual exploitation) - Gift cards* in any denomination from Walmart, Target, or Kohl's; For MOST Ministries (provides short term mission opportunities for individuals to support Christian ministries around the world through witness and service)- Recycled, new, and like-new eyeglasses; and For Orphan Grain Train - Completed Hygiene Kits which contain 1 bath towel, 1 washcloth, 1 bath-size bar of soap, 1 toothbrush, 1 sturdy comb, 6 band-aids (½ or ¾ inch), 1 small package of facial tissues, 1 nail clipper, tied with 1 piece of strong cord or ribbon.

Watch for collection boxes, or check with the office.

March 2023 Sunday Service Roster

The schedules have been (and will be) made up for only 1 month at a time. We will print those assigned for the current month below and also send out a reminder postcard. You are welcome to call the office if you have any questions.

Thank you for serving!

	March 5 10:00 am	March 12 10:00 am	March 19 10:00 am	March 26 10:00 am
Organist	LaDonna Osborn	Ellen Sander	LaDonna Osborn	Praise Team
Elders	Greg Gebhart	Greg Gebhart	Ron Coy	Ron Coy
Lectors	Tate Esser	Tanny Latuska	Jim Georg	Cindy Baas
Acolytes	Carly Saienga		Elias Buttery	
Ushers	Mark & Janelle Swenson, Phil & Alberta Voge	Mark & Janelle Swenson, Phil & Alberta Voge	Mark & Janelle Swenson, Phil & Alberta Voge	Mark & Janelle Swenson, Phil & Alberta Voge
Greeters	Dick & Linda Peterson, Bud & Thelma Voetberg	Dick & Linda Peterson, Bud & Thelma Voetberg	Dick & Linda Peterson, Bud & Thelma Voetberg	Dick & Linda Peterson, Bud & Thelma Voetberg
Offering Counters				
Altar Guild				
Power Point	Tate Esser	Doug Litwiller	Cindy Baas	Julie Coy
Sound Board	Angie Esser	Tom Peter	Tom Baas	Ryan Latuska
Camera	Tom Baas	Eric Phipps	John Murphy	Matt Carver



AMERICAN HERITAGE GIRLS

Good morning,

At our last American Heritage Girls meeting, we went on prayer walks as part of the steps toward our "Girls in Prayer" religious award. On a prayer walk you walk around with a group (we were outside in our patrols) and do four different types of prayer: (1) silent prayer, (2) popcorn prayer (this is when everyone just says a part of a prayer when they feel right), (3) all-at-the-same-time prayer when everyone says their prayers aloud all at the same time, and (4) in one accord prayer (going around and everyone says a sentence to add on to the last person's prayer). The girls all did so well with this type of praying even if many had never done this before. It was a great way to go outside and enjoy the beautiful weather that God had blessed us with! Afterwards, we went back inside and kept on working on our outdoor skills badge! Enjoy the beautiful weather and God Bless.

Julia



Here's a photo with some of our Pioneer and Patriot members sharing about prayer with the rest of the troop:





March Preschool News

Registration for Community Begins March 1st

St. Paul Lutheran Preschool has had a great response to this coming preschool year's registration. February 1st began registration for children who currently go to preschool and children who attend St. Paul Lutheran Church. March 1st begins registration for community children. It is an exciting time of year preparing for a new school year and sharing the love of Jesus.

Parent-Teacher Conferences March 8th and 9th

The teachers enjoy having time to meet with parents 1-on-1 to share the news of their child's accomplishments since the beginning of the school year.

Spring Break

Spring Break will be held March 10–March 17th. Preschool resumes on March 20th.

March Jesus Time Topics

Spring brings us to the upcoming season of Lent and Easter. Jesus Time topics that we will study are:

Jesus Rides into Jerusalem,
A Woman Anoints Jesus' Head and Feet,
The Crucifixion, and
Easter Morning.

I am a
CHILD
of God.
I know it. I live it. I love it.



An Experiment to Try at Home

Growing Grass in an Eggshell

This is always a fun spring time favorite. All you need is some grass seed, some potting soil, and egg shells! After your child plants their grass seeds, have them decorate the outside of the shell with a face.

Your child will love tracking the progress of their eggs growing "hair". When the grass is long enough they can give the "hair" a trim!

Palm Sunday
Come Celebrate on April 2, 2023



Ho-Ho-Ho-Hosanna! Song to Sing

Ho ho ho hosanna!
Ha ha hallelujah!
He He He He saved me!
I've got the joy of the Lord!