

MARCH 2022

ST. PAUL LUTHERAN CHURCH
610 15TH ST.
AMES, IA 50010
515-232-5838

VISIT OUR WEBSITE AT WWW.SAINTPAULAMES.ORG
OR OUR FACEBOOK PAGE AT ST. PAUL LUTHERAN CHURCH, AMES, IA

REV. DR. TODD JENKS, PASTOR

LORI JENKS, PRESCHOOL DIRECTOR
PRESCHOOL- 515-233-1914

Letter from Pastor

WITNESSES TO CHRIST: PEOPLE FROM HIS PASSION

Friends in the Lord,

This month we begin again the season of Lent. Although the Lenten season is always the same, our Lenten series changes each year. This year our Lenten series will focus on the theme: "Witnesses to Christ: People from His Passion." Our lessons and reflections will be from John's Gospel, which is unique in the Scriptures. The three other Gospels (Matthew, Mark and Luke) are together referred to as the Synoptic Gospels, for they contain so many common threads. John, on the other hand, takes a different path – for instance, Nicodemus and Lazarus appear only in the Gospel of John! John provides us an in-depth look at what was in the heart and mind of Jesus just prior to His death, as John recounts the extended Upper Room discourse, presented in chapters 13-17.

This Lent, we will reflect on the people who played a key part in the Passion of Christ. We will do so as we consider

what John says about them in his Gospel. John focuses our sights on Jesus Christ in unique ways, when for instance He says that Jesus is the new temple, which will be raised after it has been torn down.

Join us as we get to know individuals like a man named Malchus and also "the disciple Jesus loved." You will also learn more and appreciate more how much Jesus loves you! After all, more than any other Gospel, John focuses our attention on the love of Jesus – a theme John later develops even further in John's epistles.

Our midweek Lenten worship services will be held each Wednesday evening at 7:00 p.m. beginning on Ash Wednesday, March 2. Join us as we learn more about the love of our Lord by remembering those who have gone before us and reflecting on their interactions with Jesus!

In Jesus,

Pastor Jenks



L E N T

Inside this issue:

Worship Schedule	2	Birthday and Anniversaries	10
Wellness / Easter Lilies	3	Board of Directors Minutes	13-14
Stewardship	4	American Heritage Girls	16
Education & Youth	5-7	March Service Rosters	11-12
Women's Ministry	8-9	Preschool	15

Our Mission is:

- To Know Jesus Christ as Savior and Lord,
- To Grow in faith through His Sacraments and Word, and
- To Go share His Gospel with love in our community and world.

Worship Services at St. Paul Lutheran Church

Ash Wednesday, March 2
7:00 p.m. Worship with
Holy Communion

Sunday, March 6
9:00 a.m. Worship at church
with Holy Communion
And Livestreamed
10:15 a.m. Education Hour

Wednesday, March 9
7:00 p.m. Lent II Worship

Sunday, March 13
9:00 a.m. Worship at church
And Livestreamed
10:15 a.m. Adult Bible study



Wednesday, March 16
7:00 p.m. Lent III Worship

Sunday, March 20
9:00 a.m. Worship at church
with Holy Communion
And Livestreamed
10:15 a.m. Adult Bible study

Wednesday, March 23
7:00 p.m. Lent IV Worship

Sunday, March 27
9:00 a.m. Worship at church
And Livestreamed
10:15 a.m. Education Hour

Wednesday, March 30
7:00 p.m. Lent V Worship



A Pilgrimage to ancient Greece with an optional extension to Rome is being hosted by Dr. James Lamb and Rev. Michael Wolfram, from April 17-26, 2023. This 10-day Biblical tour will feature stops at locations highlighting St. Paul's journeys and the New Testament Epistles. For more information about this faith enriching opportunity contact Dr. Lamb at 641-751-4433 lambforlife@gmail.com or Rev. Wolfram at 515-988-4324 mcwolfram@aol.com. Contact one of them now so that you can qualify for early bird registration discounts.

Evangelism

Photo Sessions for New Church Picture Directory

Photo sessions for the church directory will be held Wednesday, April 6 thru Saturday, April 9. You will be able to schedule appointments either on-line or at church Sunday, March 13, 20 or 27 following the 9:00 service. We encourage everyone to participate - more detailed information will be forthcoming.



By Connie Buss

March is National Nutrition Month and the theme is "Celebrate a World of Flavors!" Variety and moderation continue to be emphasized. So, how are you doing with variety? Look back at the last week or two, how many different foods have you enjoyed? Have you eaten any new foods? Maybe spring is the time to branch out and add something new!

Maybe start with breakfast! This is a dish you can make ahead, to heat up for a healthy breakfast or snack. When you are ready to eat it, you might add a bit of brown sugar for additional sweetness, if you prefer, or a splash of milk to add creaminess. This is gluten free, if you select gluten free oats. Yummy!

Apple Cinnamon Baked Oatmeal

- 1 ½ cups fat free milk
- ½ cup packed brown sugar
- 2 eggs or ½ cup egg substitute
- 1 Tablespoon melted margarine (trans fat free type)
- ½ teaspoon cinnamon
- 2 cups rolled oats (not instant)
- 1 teaspoon baking powder
- 1 ½ cups chopped apples

Preheat oven to 350 degrees. Use non-stick spray to coat 8x8 inch pan.

In small bowl, mix milk, brown sugar, egg/substitute, margarine, and cinnamon

In larger bowl, mix oats and baking powder

Put the wet mixture into the bowl with oats, add apples and stir to combine.

Spoon into prepared pan and bake 30-40 minutes, until the top is firm and toothpick comes out clean in the middle.

Makes 9 squares.

Calories: 160, Total fat 3 gm, Sodium 80 mg, Carbohydrate 30 grams, Protein 4 grams, Vitamin A 248 IU, Calcium 56 gm.



Easter Processional

There will be a sign-up sheet for the Easter Processional on the bulletin board. Please sign up by Palm Sunday, April 10th. Many men, women and children are needed. Watch the church bulletin for more information.

Lilies will be placed around the sanctuary for Easter Sunday. They are not only beautiful to look at and to smell their lovely fragrance, but they are a wonderful way to show glory and honor to our Lord and Savior Jesus Christ.



Easter Lilies

Lilies will be available for the price of \$13.00.

The deadline to order will be Sunday, April 3rd.

Watch the church bulletin for the Lily Order Form or forms are available on the church bulletin board.

Stewardship

Your Role on God's Team

God invites us to be on His team, and we, by grace, show our gratitude by using our lives and blessings in ways that please and honor Him. When we become part of His team, we understand that we don't make decisions in life on our own. As members of God's team, we seek *"to walk in a manner worthy of the Lord, fully pleasing to Him, bearing fruit in every good work and increasing in the knowledge of God"* (Colossians 1:10). Prayerfully consider what you can

do to help in the family of St Paul. Please return your time and talent form and pledge card by mail or to the offering box in the narthex by March 15. Thank you.



MISSIONARIES TO PRAY FOR IN MARCH

JULIE LUTZ serves the Lord in Papua New Guinea. **PRAY** God graciously grants her strength and good cheer as she serves as a mission service coordinator. **PRAY** for the people of the Gutnius Lutheran Church in PNG that God makes them one in Him as they reach out in witness. The challenges are many among the communities of PNG, including domestic violence, lack of education and rising rates of HIV/AIDS. However, these challenges also present opportunities for Christians to step forward in love and care for their families and neighbors in Christ's name. Let us **GIVE THANKS** to God that Julie has served His children in this part of the world faithfully since 1985.

ANTON LUTZ as he serves in Papua New Guinea. Pray for health and safety and for ongoing guidance and strength as he deals with complex situations. His work in Papua New Guinea has included infrastructure development at Kaiam Airstrip (2005-2015), community mobilization and HIV education (2004-2010), hospital equipment maintenance, assisting in the Gutnius Lutheran Church conflict mediation process, and undertaking various "impossible" tasks alongside mission partners. **PRAY** that national and local leaders will be raised up to lead Papua New Guinea and the Church forward with wisdom and courage.

REV. CHUCK AND CONNIE CORTRIGHT serve in Riga, Latvia. After teaching for the past 5 years, Charles has a change of emphasis this semester. He is serving as the chaplain of the program. One regular duty will be to conduct a Monday service online for the students. They gather during his morning/their evening for a Vespers service including prayers requested by the students. He will be mentoring students and serving as a pastoral counselor. Our students have all returned and we have 2 new students. They include a pastor from Nepal, and our first student from Lithuania a former Franciscan who desires to serve as a Lutheran pastor there. Thanks be to God. **PLEASE PRAY FOR...** • the staff, teachers, and students of the English Studies program. **ASK THE LORD** to grant perseverance and commitment to them through the Word and their studies. • our work and plans for a second Intensive Course later this spring. Please **GIVE THANKS** to God for His many blessings on this ministry. We are saddened by how the U.S. is so torn; **OUR PRAYERS** are for our country in this critical time, especially for the preservation of our freedoms of speech and worship. Lord, in Your mercy: hear our prayer.

BEN AND REBECCA HELGE serve the Lord in the Eurasia region, based in Havířov-Šumbark, Czech Republic. Benjamin works closely with the Silesian Evangelical Church of the Augsburg Confession (SCEAV) and the Evangelical Center M.I.S.E. He reaches out to the community by teaching conversational English to people of all ages. In addition, he works with a Czech team to plant a church, prepares resources and training materials for the church, and helps organize English Bible camps in the Czech Republic and Poland. Benjamin also coordinates the LCMS GEO (Globally Engaged in Outreach) missionaries who serve in the region. He received his B.A. in music with an emphasis in education and a minor in worship arts from Concordia University Irvine in Irvine, Calif. Ben and Rebecca were married in June, 2021. She worked as a missionary teacher at the Christian International School of Prague from 2011–2021, where she taught literature and Bible classes. She continues to mentor teachers there while building relationships in her new home of Havířov. **PRAY** for Benjamin and Rebecca as they serve in the Czech Republic. **ASK GOD** to bless their marriage. **PRAY** for Rebecca as she adjusts to life in Havířov. **PRAY** also for their continued learning of the Czech language. Ask God to grow the church plant in Havířov and to fill it with new believers. Some of you may remember Ben from our Mission Central trip a few years ago.

Education and Youth

SAVE THE DATES for CAMP!

2022 summer camp registration now open for Camp Okoboji!

Please mark on your calendar NOW so your youth or family can attend as part of your summer plans!

June 3-5: Kid's Camp (K-2nd grade w/ parent or guardian)

June 12-15: Cub week 1 (completed 3rd grade-5th)

July 3-8: July 4th Family Retreat

July 10-16: Jr High Week (6-8th grade)

July 17-23: Cub Week 2 (completed 3rd grade-5th)

July 24-30: Youth Week (9-12th grade)

July 31-Aug 5: Family Retreat #1

Aug 7-12: Family Retreat #2

Campers days are filled with Christian fellowship, recreation, Bible studies, campfire devotions, singing, swimming, canoeing, archery, Gaga ball, court and field games, crafts and so much more!

Funding is available through the Board of Youth, Evangelism, Iowa District West and Camp Okoboji. For more information on funding, contact the church office, Carla Murphy or visit the camp website at campokoboji.org.



Counselors make it fun finding what cabin you're in- right Tessa, Lydia and Natalie?

Fun activities like canoeing. (Hi Erin!)

Hanging out with Izaak (Camp Director) and Tate at Youth Week



Education and Youth



St. Paul has had several campers attend summer sessions.



Camp can become a family tradition.



Nothing like evening devotions at The Point!

Join us on the St. Paul Board of Youth! Youth are the future of the church and the Bible says “train up a child in the way that he should go...” Well, we would love to have more people join us in our efforts to provide fun activities, meals and fellowship for our future church leaders! Contact Carla Murphy for details.

Education and Youth

Just a note from the Board of Christian Education that there will be no Sunday School on Sunday, March 13, or March 20, and no mid-week on Wednesday, March 16. Watch the April newsletter as we are deciding on dates for 2022 VBS.

Would you like to help Camp Okoboji, but not sure how? Go to the camp website www.campokoboji.org and under "Give to Camp" select "Our Wish List". Here are numerous items the camp needs. They even have an "Amazon" wish list where you can purchase the item on Amazon and have it sent directly to the camp!



If you would like to go to the camp to help out, the camp's work weekend is May 5-7. Watch the bulletin board for a sign up sheet to attend with others from St. Paul.



Thank you to everyone who helped make our sub sales and bake sale a success!



Evangelism

Help make t-shirt diapers for Orphan Grain Train

When: Thursday,
March 3, 10:00

Who: You! (Anyone who has a heart for missions can help with this project.)

We have a box of t-shirts to sort and select those suitable for diapers. Those suitable for diapers will be cut and ready to be sewed by anyone who would like to help with this project.



Just a reminder we will take hymnals, Bibles and devotion books to OGT, also.

There is always room for any type of clothing and shoes, They also like bedding, towels and fabric.



Women's Ministry

Coming Soon... Spring Plant Sale! Order forms will be available late March.

Save the Date

Put June 16-18 on your calendar when the Boone and Carroll Zones will host the LWML Iowa West District Convention. We will need workers for registration, ushering and more. If you have never attended a district convention, we would love to have you join us this June. More details coming soon!

Ash Wednesday Soup and Pie supper. The soup and pie supper will be March 2 at 6 pm. We will need lots of yummy soups and pies. Also helpers to set up and clean up. The sign up sheet is on the bulletin board. We appreciate all who bring items or help.



Women's Ministry

LWML Mite Update: as of 1/31/22

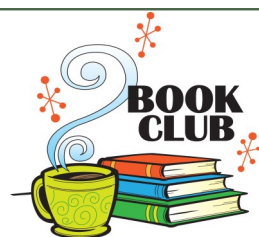
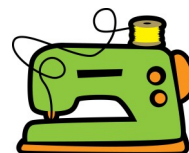
2021-2023 National Mission goal: \$2,150,000.00

Received: \$1,119,686.94

We normally collect mites for missions on the 1st Sunday of each month. For more information about LWML go to www.lwml.org.



FAMILY SERVICE ~ Quilters will meet on March 10th at 10:00 am until 2:00pm. Please bring a sack lunch to enjoy at noon. We also meet on March 24th at 10:00 am. At noon is our lunch break to enjoy our sack lunch. Our Family Service meeting will begin at 1:00 pm with a devotion and end with dessert. Please join our group. We would be happy to have you.



“Book to Know to Help You Grow”

BOOK CLUB

Our Books to Know group decided to meet the rest of the year in our church. On March 10 we will meet at 2:15 in the Fellowship Hall. On May 12 we will meet at 7 PM in the Fellowship Hall.

We meet next on March 10th at **2:15 pm** in the Fellowship Hall and we will be discussing “Hidden Places” by Lynn Austin

In May we will discuss “The Shot Caller” by Casey Diaz. May is also when we choose books for the next year so be thinking of suggestions for our group. Send suggestions to Connie Lastine at clastine@mchsi.com. Thank you.

Training Pastors to Serve the Church in Russia- 2021–2023 Mission Grant 7 — \$100,000

Through the efforts of the Siberian Evangelical Lutheran Church and the pastoral training provided by the Lutheran Theological Seminary in Novosibirsk, Siberia, the Word and Sacraments are again making their way to the long-repressed Russian people. With this grant, Lutheran Women's Missionary League will partner in training pastors and deaconesses and in helping the seminary continue its efforts to restore the Lutheran Church in Russia. The Novosibirsk seminary's goal is to prepare workers to spread the true Word of God to the Russian people. This grant will fund some of the operational expenses of the seminary and allow it to continue providing a solid theological education to those seeking to serve as pastors and deaconesses within the Siberian Lutheran Church.

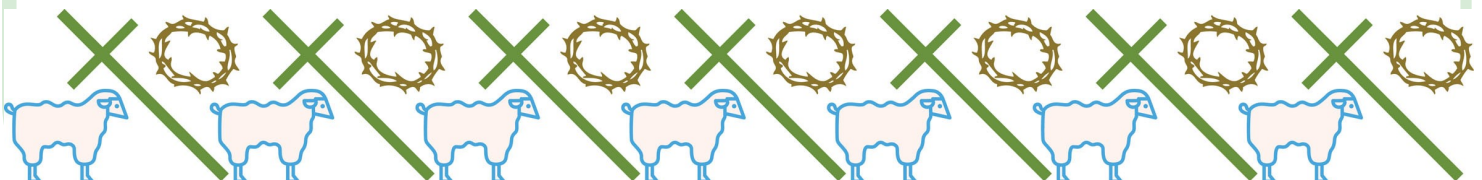


The interaction between student and teacher is a critical part of the pastoral training program at the Lutheran Theological Seminary in Novosibirsk, Siberia. The seminary has a first-class faculty and as a confessional Lutheran seminary, standards are high. Some faculty members have received their theological education, in part, at Concordia Theological Seminary in Fort Wayne, Indiana, including the seminary rector himself, Rev. Dr. Alexey Streltsov. In describing the rigors of the education provided at the Novosibirsk seminary, Dr. Streltsov describes it as "neither lay discipleship training or short-term leadership preparation, but a serious effort that makes demands upon both teacher and student. After all, the Apostles themselves spent no fewer than three years in the 'seminary' of our Lord Jesus Christ."

March 2022 Sunday Service Roster

Due to the uncertainty of the Covid variants, the schedules have been (and will be) made up for only 1 month at a time. We will print those assigned for the current month below and also send out a reminder postcard. You are welcome to call the office if you have any questions. Thank you for serving!

	March 6 9:00 am	March 13 9:00 am	March 20 9:00 am	March 27 9:00 am
Organist	Zach Heilman	Ellen Sander	Emily Erickson	Praise Team
Elders	Wayne Hagemoser	Wayne Hagemoser	Ron Coy	Ron Coy
Lectors	Gretchen Zitterich	Linda Peterson	Larry Wiebel	Linda Peterson
Acolytes	Estan Buttery		Cody Puck	
Ushers	Drue Sander, Vickie Roach, Ron Coy, Tanny Latuska	Drue Sander, Vickie Roach, Ron Coy, Larry Wiebel	Vickie Roach, Tanny Latuska, Larry Wiebel	Vickie Roach, Tanny Latuska, Larry Wiebel
Greeters	Gretchen Zitterich, Jim George	Jim George, Dennis & Karen Griffin	Dennis & Karen Griffin, Lindsay Roach	Dennis & Karen Griffin, Lindsay Roach
Coffee Greeter	Janelle Swenson →			
Offering Counters	Larry & Nancy Wiebel →			
Power Point	Katie Friedrich	Cindy Baas	Julie Coy	Julie Coy
Sound Board	Amy Carver	Tom Baas	Becky Jackson	Becky Jackson
Camera	John Murphy	Harry Mundt	Eric Phipps	Matt Carver



March 2022 Special Service Roster

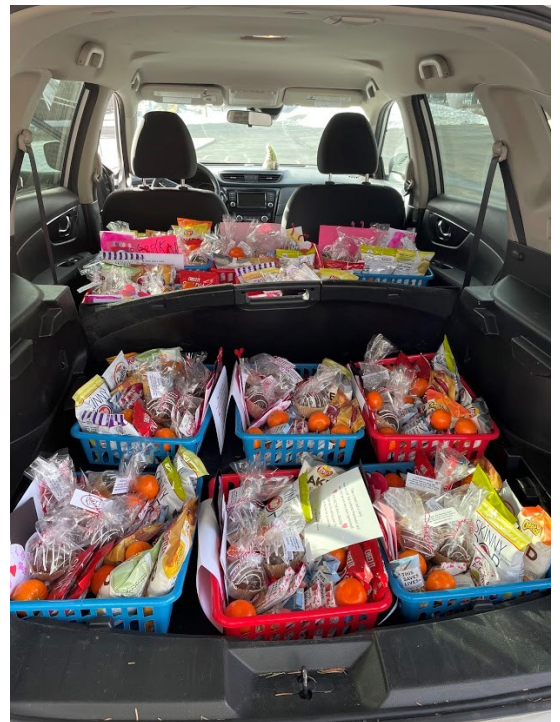
Due to the uncertainty of the Covid variants, the schedules have been (and will be) made up for only 1 month at a time. We will print those assigned for the current month below and also send out a reminder postcard. You are welcome to call the office if you have any questions. Thank you for serving!

	March 2 7:00 pm Ash Wed.	March 9 7:00 pm Lent II	March 16 7:00 pm Lent III	March 23 7:00 pm Lent IV	March 30 7:00 pm Lent V
Organist	Ellen Sander	Ellen Sander	Ellen Sander	Ellen Sander	Ellen Sander
Elders	David Schultz	Steve Johnson	Matt Carver	Wayne Hagemoser	Greg Gebhart
Lectors	Linda Peterson	Gretchen Zitterich	Jim George	Larry Wiebel	Linda Peterson
Acolytes	Wilson Buckley				
Ushers	Ron Coy, Tom Peter	Larry Wiebel, Tom Peter	Larry Wiebel, Tom Peter	Larry Wiebel, Tom Peter	Larry Wiebel, Tom Peter
Greeters	Jim George	Gretchen Zitterich	Jim George	Dennis & Karen Griffin	Dennis & Karen Griffin
Power Point	Amy Carver	Julie Coy	Judy Peter	Cindy Baas	Julie Coy
Sound Board	Becky Jackson	Cindy Baas	Tom Peter	Tom Baas	Becky Jackson
Camera	Matt Carver	Tom Baas	John Murphy	Harry Mundt	Eric Phipps



March 2022 Preschool News

St. Paul Lutheran Preschoolers and EK used their February Chapel offerings to make Kindness Baskets for the staff at Mary Greeley Hospital. In the Kindness Baskets they put homemade cards of thanks for the work the staff has done through this long time of sickness of COVID. Also include in the baskets were hot cocoa bombs, clementines, salty treats, and sweet treats. We thank God for the medical workers and staff of Mary Greeley Hospital!





Camp-In 2022 The Pipas worked on badges Sustainable Living and Photography. They were blessed to have two experts in these fields: Mary Cory (Cory Family Farm) and Nicole Parham (Photographer). The girls learned many new skills and had a blast!



AHG uniforms for all the different levels!



Chinese New Year



Tenderheart Valentine Social