

AUGUST 2021

ST. PAUL LUTHERAN CHURCH
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VISIT OUR WEBSITE AT WWW.SAINTPAULAMES.ORG
OR OUR FACEBOOK PAGE AT ST. PAUL LUTHERAN CHURCH, AMES, IA

REV. DR. TODD JENKS, PASTOR
THOMAS WILSON, DIR. FAMILY LIFE
LORI JENKS, PRESCHOOL DIRECTOR
PRESCHOOL- 515-233-1914

Letter from Pastor

Friends in the Lord,

As the days draw closer and closer to fall, the time is coming closer and closer when we will finally return to our normal (pre-pandemic) Christian education scheduling here at St. Paul! Are you ready for a return to our Sunday morning adult Bible study and Sunday School classes? I sure am! I can't wait for all of us to gather again in the fellowship hall as we eagerly dig into the Word of our Lord!

God's Word strengthens and sustains us to face the challenges we cope with in life. God's Word is our source of power and hope. God's Word blesses us by proclaiming to us that Jesus loves us, died and rose for us, and is always with us. God's Word feeds us and fortifies us for what we face each day, as Jesus says: "Man shall not live on bread alone, but on every word that comes from the mouth of God" (Matthew 4:4).

Are you ready to return to the excitement we experienced in our fellowship hall, when I often had to say a prayer out loud over the PA just to get people to settle down and listen? Are you ready

for our children to listen to the Word of the Lord, like little Samuel did, as they gather in their classrooms and learn from the Lord through their loving dedicated teachers?

Get ready, because it's right around the corner! Rally Day is scheduled for next month on September 12. Keep watching your Epistle and your "News of the Week" (emailed out on Wednesdays) for all the details about the opportunities to "grow in the grace and knowledge of our Lord and Savior Jesus Christ" (2 Peter 3:18). I invite all of you to plan to attend and to "let the Word of Christ dwell in you richly in all wisdom, as you teach and admonish one another" (Colossians 3:16).

In Jesus, The Word Made Flesh for us,
Pastor
Jenks



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Our Mission is:

- To Know Jesus Christ as Savior and Lord,
- To Grow in faith through His Sacraments and Word, and
- To Go share His Gospel with love in our community and world.

Worship Services at St. Paul Lutheran Church

Sunday, August 1

*8:15 a.m. Worship at church
with Holy Communion*

*10:00 a.m. Worship at church
with Holy Communion
And Livestreamed*

Sunday, August 8

8:15 a.m. Worship at church

*10:00 a.m. Worship at church
And Livestreamed*

Sunday, August 15

*8:15 a.m. Worship at church
with Holy Communion*

*10:00 a.m. Worship at church
with Holy Communion
And Livestreamed*



As more people
are returning to in
–person services,
watch your emails
for any changes in
the worship
schedule.

Sunday, August 22

8:15 a.m. Worship at church

*10:00 a.m. Worship at church
And Livestreamed*

Sunday, August 29

*8:15 a.m. Worship at church
with Holy Communion*

*10:00 a.m. Worship at church
with Holy Communion
And Livestreamed*



Choir Director

Dan Hinderaker – St. Paul Lutheran Choir Director

Hello, I'm Dan Hinderaker, the new St. Paul Lutheran Choir Director. I am married to my wonderful wife, Diane (of 20 years). We have three boys, Ryan (17), David (16) and Noah (10). My background includes 12 years of ministry serving in Music, Children, Youth and Family Ministry in varying capacities at Morningside Lutheran (Sioux City, IA), Bethany Lutheran (Minneapolis, MN), Our Savior's Lutheran (Radcliffe, IA) and Bethesda Lutheran (Ames, IA). I have degrees from Waldorf College, Luther College and the University of Northern Iowa in Music and Elementary Education. In addition to ministry, my career path has included substitute teaching in the Ames and surrounding school districts, Benefits Specialist with Thrivent Financial for Lutherans (Minneapolis, MN and Appleton, WI) and Research/Remediation Analyst with Wells Fargo Home Mortgage (Des Moines, IA). God continues to grow and mold me as a leader that is dedicated to service and helping others grow their faith in their everyday lives. When I'm not at work, I enjoy grilling, going out to eat or to the movies, watching Minnesota Viking football, playing card and board games, singing and just hanging around our house with my family. I'm so excited to start working with the St. Paul Lutheran choir and to use our voices to worship and praise together when the time is right. This time during the pandemic has not been easy to know our path, but I'm confident that this path will become clearer as we continue to seek God's guidance during this challenging time. When that time comes, I look forward to getting to know this congregation and the choir. I feel blessed to have this opportunity.



We have a wonderful outreach here at St. Paul with our preschool.

One of the best ways we can support our preschool's families is through prayer. We would like to have a church family praying regularly for each preschool family. That's it!!! Just pray! Please watch for the sign-up sheet on the bulletin board and a preschool family will be given to you to include in your prayers.



Board of Stewardship

Stewardship...volunteering! Do you remember the first time you volunteered to help with something? Maybe not. I certainly don't. I was volunteered a number of times by adults as a child, but I don't remember the first time I made the choice on my own to volunteer.

But, do you remember volunteering to help with something you care about very deeply, something that carries significant meaning for you? I think all of us can. Whether it was at church, a school, a local nonprofit, our alma mater, or a community event when you volunteered you made a significant contribution to make a corner of the world a little better. It may have been small, it may have been large, but each contribution helped in the success of the project. Hopefully, you are still doing that.

Volunteers make a significant contribution to the lives and well-being of those around them. Volunteers live that mindset out in a manner that is truly worthy of the Savior; not because they want something in return, but because they know deep down that giving and sacrificing makes the world around them a little better place to be. Then God performs a little miracle. Somewhere in the mix, your life is changed for the better. Even the way you see yourself changes, for the better.

Giving of your time is as much a joyful sacrifice as any monetary donation. Volunteering showcases the talents and time God has entrusted to YOU.

It takes all kinds of volunteers, young and old, to do big and small acts of volunteerism to make our church a place where we carry out God's command. We must strive to listen to His command and follow the pattern He has established for us. (John 15:13) "Let us not love in word or speech but indeed and truth. (1 John 3:18), **YOU make a difference. You exemplify our Lord's command to "Love one another."** You are a bright beacon of hope because you reflect the joy of Christ that is in you (Galatians 2:20).



Wellness Team



Summer is here! As we “Join Jesus,” we are sharing food, having picnics and gatherings! As we do this, we are challenged to provide yummy foods that are safe. Foodborne illnesses are preventable, underreported and each year sicken over 48 million Americans. Most of those will be sick only a short time and recover, but children under the age of 4 and adults over 50 are at greatest risk for more severe issues, even death.

The Center for Disease Control and Prevention (CDC) lists 4 simple steps to follow at home that can help keep your food safe.

First, Clean. Wash your hands (yes, those 20 seconds) before, during, and after preparing your food; use clean utensils; and clean foods. Wash fresh fruits and vegetables with running water and rub with your hands or by using a soft brush. That includes produce with hard rinds, like the melons. Keep the preparation of meat, poultry, seafood, and eggs separate from other foods. (Latest information tells us that we do not need to wash the poultry.) Thoroughly clean your sink if you may have contaminated it with meat, poultry, seafood or eggs.

Secondly, Separate. Store raw meat, poultry, seafood, and eggs separately in the refrigerator, preferably on the lower shelves. (That way if there is any dripping, it stays away from your other foods.) I have cutting boards that I use only for meat, poultry, seafood and eggs; and other cutting boards that I use for fresh fruits, vegetables, breads, etc. You may want to label those cutting boards to remind you to keep them separate. Cross-contamination can be prevented!

Third, Cook. Cook to the proper temperature to kill the germs and bacteria that may make you sick. A food thermometer is the best tool! There are many charts with this information and some thermometers even have information on them. Briefly, 145 degrees F for whole cuts of meat (with resting 3 minutes before carving), 160 degrees F for ground meats, and 165 degrees F for all poultry as well as leftovers and casseroles.

Lastly, Chill. Your refrigerator should be below 40 degrees F. Perishable foods should be refrigerated within 2 hours, and, if above 90 degrees F outside, like at a picnic, refrigerate within an hour. Keep hot foods hot and cold foods cold. Bacteria loves to grow from 40 degrees F to 140 degrees F. When going to a picnic, prepare to handle your foods properly to keep everyone having a good time.

FoodSafety.gov is a good resource for more information.

Enjoy the summer, one of God’s gifts, with all the beautiful produce, time to grill and chill, go for walks in the cool of the day and give God thanks!

Connie Buss, Wellness Team

Education and Youth

Get Your Voices Ready!

Bingo Night is BACK! Come join us for a great night of FUN and PRIZES!



Come have fun with other members of the congregation and help out a great cause! No knowledge necessary for this event! As long as you can find the numbers that are being called and can YELL – BINGO – then you are ready to go!

Get ready for Saturday, August 14th- doors open at 5:00PM for 1 hour of fellowship (bring food and drink – share with others – make plans with other members!). And promptly at 6:00 PM the numbers will fall! Prizes will be awarded for each round!

Come and play 12 rounds of Bingo for only a \$15 entry fee. Sign up ahead of time and only pay \$10! The entry fee includes a paper game card for each round and a dauber (Bingo Marker)! Additional game cards can be purchased for \$1 for each round throughout the night!

We will also be collecting canned goods for the local food pantries the night of the event.

Sign up and pay your entry fee starting Sunday, July 18th – before and after services at the table in the Narthex.

If you have questions, please contact Erika Choate or Delann Soenksen.

Attention Parents:

Save the date:

Wednesday, September 1st at

5:30pm! This will be our annual Midweek and LYF

Kickoff, more details will be included in September's newsletter. Reminder that Midweek begins Wednesday, September 8th and Rally Day (Beginning of Sunday School) is Sunday, September 12.

*Midweek
Kick off*

Teacher needed: The Board of Education is in need of a teacher for 7th/8th grade Sunday School. You don't need to be a trained teacher, loving God and teens is all the "talent/training" you need. This is a once-a-week for an hour opportunity. Please give prayerful consideration to this and contact Thomas Wilson or Amy Carver if you are willing to help.



Education and Youth

ATTENTION YOUTH AND PARENTS!

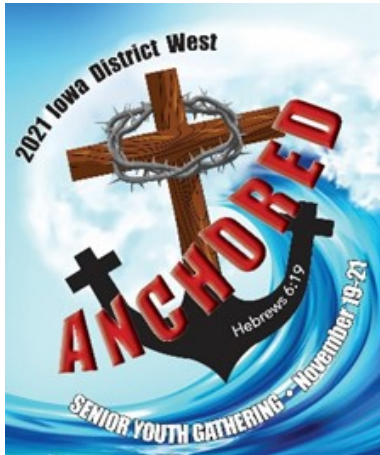
The Board of youth would love to take a group to the upcoming IDW Youth Gatherings this fall!

Junior Youth Gathering

"Idol Talk" is the theme for youth in grades 6-8. It will be held October 23-24 at the Sheraton West Des Moines. The theme verse is Exodus 20:3. There will be speakers, music, games, breakout discussion rooms and more! Cost is \$150.



Senior Youth Gathering



"Anchored" is the theme for the Sr Youth Gathering for grades 9-12. It will be held November 19-21 at its new location at the Holiday Inn at the airport in Des Moines. The theme verse is Hebrews 6:19. Cost is \$235. There will be Bible studies, speakers, worship service, breakout sessions, games, music and more!

The Board of youth has funds available to help families with the costs. We usually carpool there and back. Registrations will open soon so look for more information to come. So, save these dates and if interested contact Carla Murphy or Thomas Wilson.



LYF to start in September

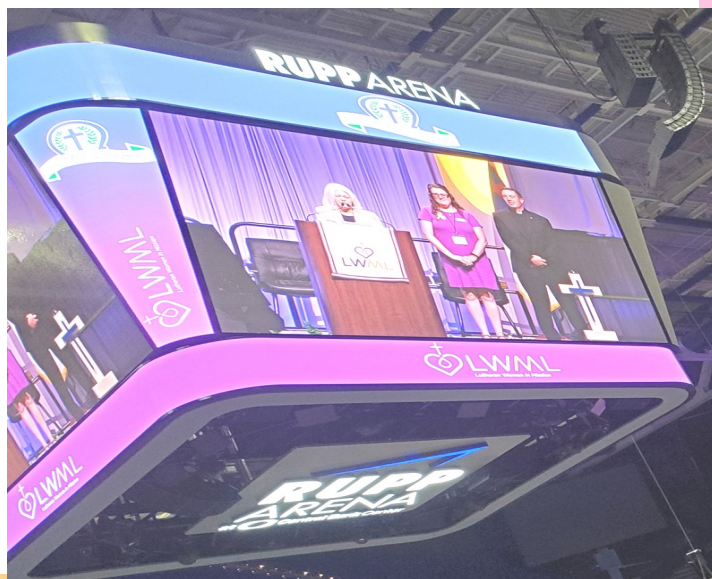
The Board of Youth is happy to announce that we will resume our meals and LYF (Lutheran Youth Fellowship) activities starting in September. Please plan to attend the midweek/LYF kickoff on Sept. 1 to learn more.

Women's Ministry

LWML Convention in Lexington



Attendees from St. Paul: Lisa Wilson, Gretchen Zitterich, Inez Smith, and Breanna Wetzler.



Above: Lisa Wilson is recognized on stage for her service on the National Public Relations Committee.



Above: Breanna Wetzler (on right) with Iowa West President Jane Morris (holding sign) and the Young Women Representatives from this and previous conventions

Right: Gretchen Zitterich and Inez Smith at the Finish line of the Mites walk!



DRESS A GIRL AROUND THE WORLD

(We are taking a rest with the packets and may resume in the Fall. All the packets that are now out to be sewn will need to be finished and returned to the church office by September 15th so that they can be delivered to the Forest City Organization for distribution to the various countries.) Thank you to all that have done such a marvelous job on cutting out the patterns and sewing the dresses. We have well over 100 dresses and \$200+ in Donations when they are all turned in. I am sure the girls really will appreciate all your efforts!

Linda Peterson

Women's Ministry

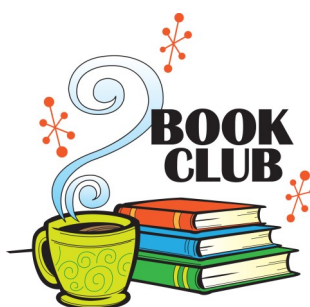
FAMILY SERVICE ~ We plan to continue our regular quilting time of 10-2 on the 2nd and 4th Thursdays in August. August 12 will be our Thrivent Action Team day, so wear your Thrivent t-shirt if you have one. Please join us and bring your lunch if you are comfortable doing so. Thank you.



"Book to Know to Help You Grow"

Our next book club will meet Sept. 9, 7 pm here at the church to discuss "Beneath a Southern Sky" by Deborah Raney.

The Amazon description says: "Her Second Husband Healed the Sorrow of a Tragic Loss. Her First Has Just Returned from the Dead. Which Man Has the Right to Claim Daria's Heart?"



After two years of serving as a missionary in a remote area of South America, Daria Camfield has returned to the States to mourn her husband, reportedly killed while providing medical aid to a neighboring Colombian village. One family discovers how God can redeem any tragedy. At first, Daria finds comfort only in the daughter born to her after Nate's tragic death. As she begins to heal, she also finds a listening ear and a tender heart in her new boss, veterinarian Colson Hunter. Determined to move forward with life, Daria ignores the still small voice calling her to wait and accepts Cole's marriage proposal. But

after the wedding, Daria's new dream life turns into a nightmare with the arrival of an unbelievable telegram: "Nathan Camfield found alive. Flying into K.C. Int'l. via Bogota..."

Now two men have the right to her daughter, her life, and her love. Will Daria return to her beloved first husband, abandoning Cole? Or will she reject Nate and choose the only man her daughter has ever called "Daddy"--a man she has come to cherish with all her heart?"

Here are the dates we will meet this year and which book we will discuss at each date. I am really looking forward to reading the books.

Date	Location/ Hostess	Book
Sept 9, 2021, 7 pm	Church Fellowship Hall	"Beneath a Southern Sky" (The Camfield Legacy Book 1) by Deborah Raney
Nov 11, 2021, 7 pm	TBA	"The Last Train to London: A Novel" by Meg Waite Clayton
Jan 13, 2022, 2 pm	TBA	"The Book Woman of Troublesome Creek" by Kim Michele Richardson
March 10, 2022, 7 pm	TBA	"Hidden Places" by Lynn Austin
May 12, 2022, 7 pm	TBA	"The Shot Caller: by Casey Diaz

August 2021 Missionaries to Pray for...

Missions Of Short Term (MOST Ministries)

MOST Ministries was blessed by the number of people who stopped by our booth and attended the presentations during the **LWML Convention!** With your support, we collected over **5,000 eye-glasses** and over 5,000 witness bracelets!! Pray for the medical teams and host working in Guatemala at the eyeglass clinic to serve the community members. Give thanks for the translators who are working with both the eyeglass and medical teams to serve the community! Pray for safe travels and for the work they did in sharing the Gospel through the eyeglass clinics. We are grateful for the response we received from people at the LWML convention interested in joining a team and joining our mailing list! Pray for Team 2114 who is preparing to serve in Guatemala this August. Pray for Team 2103 who is preparing to serve in Belize this August.

Courtney Zalmanoff serves the Lord through as a missionary in the Dominican Republic, based in Santiago. As an assistant volunteer coordinator, she works closely with the volunteer coordinator for the Latin America and Caribbean (LAC) region. She supports short-term mission teams who serve in countries within this region by organizing the logistics of their travel, food, transportation and lodging. Courtney also helps communicate a larger awareness of the needs of the LAC mission fields with individuals and congregations in the attempt to open doors for additional short-term mission opportunities. Courtney's hometown is St. Charles, Mo., and her home congregation is Immanuel Lutheran Church, Olivette, Mo. **Prayers:** **Pray** for Courtney as she serves in the Dominican Republic and in the Latin America and the Caribbean region. **Pray for God's guidance** and faithfulness in her endeavors. **Ask God** to give her patience, adaptability and peace as she transitions to life in a new country with a new vocation. **Pray that God enables** her to effectively establish relationships with church communities in the LAC region. **Let us give thanks** to God that Courtney is serving His children in this part of the world.

Rev. James and Angela Sharp serve the Lord as missionaries in Uruguay. James plants new churches and works to support mercy outreach projects around the country. Through Word and Sacrament ministry, he partners with local church leaders to form groups of believers into mature, self-sustaining and self-replicating congregations. James also teaches Lutheran theology courses to help train individuals in the Lutheran faith and to develop local leaders to carry on God's mission. Angela focuses on education. She teaches English-as-a-Foreign-Language (EFL) classes to people of all ages. She organizes, directs and provides content for Sunday schools throughout the country. James was born in East Moline, Ill., where his home congregation is St. John's Lutheran Church. Angela was born in Denison, Iowa, where her home congregation is Zion Lutheran Church. James and Angela enjoy spending time with their four children - Elias, Ambrose, Callida and Magdalyn. **Prayers:** Pray for the Sharps as they serve in Uruguay. **Pray God** gives them wisdom as they navigate cultural differences. **Ask God** to guide them so they may effectively communicate the Gospel in this secular country. **Pray** for the Sharp children, that they would grow in their faith in Jesus despite living in an unbelieving country.

The Rev. Dr. Gerald and Heidi Paul serve the Lord as career missionaries in the Cayman Islands. As a pastor and church planter, Gerald works with local church leaders at Safe Harbour Lutheran Church to reach out to the people of the Cayman Islands — both locals and expats — with the Gospel of Jesus Christ. Gerald also seeks to serve the Cuban refugee population on Grand Cayman, and he supports Concordia the Reformer Seminary in the Dominican Republic as an adjunct professor. In her role, Heidi supports the mission efforts and is exploring the possibility of starting a preschool for local children. Gerald was born in Piet Retief, South Africa. Heidi was born in Port Shepstone, South Africa **Prayer: pray for Gerald** and Heidi as they serve the Lord in the Cayman Islands and throughout the Caribbean. Let us **give thanks** that they are ministering to God's children in this part of the world.