APRIL 2020

ST. PAUL LUTHERAN CHURCH 610 15TH ST. AMES, IA 50010 515-232-5838 VISIT OUR WEBSITE AT WWW.SAINTPAULAMES.ORG OR OUR FACEBOOK PAGE AT ST. PAUL LUTHERAN CHURCH, AMES, IA

REV. DR. TODD JENKS, PASTOR THOMAS WILSON, DIR. FAMILY LIFE LORI JENKS, PRESCHOOL DIRECTOR PRESCHOOL- 515-233-1914

Letter from Pastor

Friends in the Lord,

We are living through an unprecedented time as we fight the ferocious coronavirus pandemic. Will it be over by Easter? We don't know, although many experts are telling us "no." But listen, even if this crisis doesn't pass until Easter has passed, Easter will still arrive!

Easter is so much more than lilies and new outfits. Easter is so much more than artificially-colored grass-filled baskets. Easter's meaning is far greater than colored eggs and jelly beans. Easter is the good news that Jesus Christ wins the victory over death, and Satan, and sin! Easter means the victory is won by God's own and only-begotten Son! Easter is the celebration that Christ has risen! Easter brings us the certainty that we shall rise, even after we die, and live in eternal life with Jesus – because He suffered and died to pay our sin's price, and rose victorious over death for each of us.

As of now, we are planning to celebrate the good news of the Resurrection of Jesus Live in online worship via our LIVE streaming worship service. You can round up your own Easter breakfast at home and worship along with us at 10 a.m. on Easter morning! You can even worship in your pajamas if you like. (If plans change and we can worship at our church property in person, we'll let you know.)

Easter will still come. Death will be defeated by God's Almighty Son. We will celebrate Jesus' triumphant emergence from the tomb. And through Christ, we shall, in His perfect time, emerge from the darkness of the "tomb" of this coronavirus crisis. Likewise through Jesus each of us, in God's perfect time, will emerge from the darkness of this life of sin, sorrow, suffering and death to be in perfect peace in eternal life with Christ.

Prepare to join us as we worship to celebrate the victory of Easter!

Your proclaimer of our Lord and Savior,

Pastor Jenks



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Our Mission is:

- To Know Jesus Christ as Savior and Lord,
- To Grow in faith through His Sacraments and Word, and
- To Go share His Gospel with love in our community and world.

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Worship Services at St. Paul Lutheran Church

Sunday, April 5
Palm Sunday
10:00 a.m. Live Stream

Sunday, April 12
Easter Sunday
10:00 a.m. Live Stream



Sunday, April 19
10:00 a.m. Live Stream

Sunday, April 26 10:00 a.m. Live Stream

Note: When we are able to do so, we will return to our regular in-person Sunday schedule.



HOLY SATURDAY PRAYER VIGIL

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Ephesians 6:18



Prayer vigils are people united with a common cause to pray and stand watch. After the crucifixion the disciples gathered in locked rooms in fear and prayer. It was a vigil of sorts. A prayer vigil is the practice of continual prayer carried out by a group. Prayer vigils have an ancient history carried on through the ages and then passed on in the monasteries. The first known Protestant continuous prayer was the "Hourly Intercession" of the Moravian Brethren in Saxony. Beginning in 1727 the prayers continued 24 hours a day uninterrupted

for over 100 years!!!!

Devote yourselves to prayer, being watchful and thankful. Colossians 4:2 NIV

The prayer vigil will be on **Saturday April 11 from 6 a.m. to 4 p.m**. We won't be asking for an hour of prayer for the next hundred years but only 15 minutes. We want to focus on prayers for guidance for our congregation's future direction; asking God's favor and blessing. We will also take many prayer requests ahead of time. There will be missionaries to pray for, prayers for our nation, leaders, and prayers to further God's kingdom. We will provide some preprinted prayers to assist you in this vigil also.

Together we will be spiritually enriched and drawn to his throne in humble obedience. Be joyful in hope, patient in affliction, faithful in prayer. Romans 12:12-13 NIV

To sign up for a 15 minute prayer vigil time slot, please contact the church office.

Board of Stewardship

Greetings from your Board of Stewardship. We are experiencing historical times in our country, and are attempting to navigate through uncharted waters. But how fortunate we are, as believers in Christ, to have God as our Pilot! How fortunate we also are as a church body to have each other to rely on for fellowship and support, even if our time together temporarily looks and feels a bit "different".

But the work at St. Paul continues to move forward as seamlessly as possible. Now more than ever, we rely on Pastor and his staff for leadership so that our spiritual health does not suffer. God has promised to always be by our side...yesterday, today and forever.

We now know there will be no church attendance at the physical site in the weeks ahead, but instead we will worship together at the same time Live online on Sunday mornings, with worship led Live by Pastor and musicians. So just as in any household, ongoing expenses at St. Paul continue and need to be met. We pray that you would find ways to continue your weekly or monthly contributions either by mail, by dropping them off at church during office hours or having a friend bring your offering to church for you.

Another option for making offerings is through electronic giving. Your bank can help you arrange to make either one-time or ongoing contributions...please contact your bank if this would appeal to you. Our financial secretary, Tom Baas, can also guide you in this process if you need help or advice on how to proceed. We also have provided an on-line option for giving on St. Paul's Web site. Just go to our website and click on Give Plus+.

The response to our Time and Talent and Loyalty Sundays has been outstanding! Thanks to all who have returned their Time and Talent forms and financial pledge cards. We are extending the return date for these forms until Sunday, May 3. You can either return them by mail or by dropping them off during office hours during the week. The forms can be placed in the wooden prayer box in the narthex.

Now, a brief note regarding St. Paul's Endowment Fund. We currently have two established endowments...an Undesignated Endowment that can be used for certain areas of ministry and upkeep within the church, and a Music Endowment which was established anonymously by a couple in our church. The music endowment is used to help support music ministry at St. Paul.

Each July, 3.5% of these endowments is sent to St. Paul to be used for areas of need approved by the Endowment Committee and voting membership. Our committee is accepting suggestions at this time from members for needs you see in the church that these payouts could possibly help meet. If you have a need in mind, please pass it along to Pastor Jenks or the Stewardship Committee (Larry Wiebel and Dennis Dobberke), and we will see that your suggestion is considered at our upcoming endowment committee meeting.



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Wellness Team

"Be Careful not to Fall"

(1 Cor. 10:12)

As children of God, we all know that He will take care of us and watch over us wherever we may be. However, there are also some commonsense steps we can take to care for ourselves. Falls account for 1/3 of all non-fatal injuries in the United States. If we follow some of the guidelines below, we can reduce our chances of "falling" into that statistic.

Remove home hazards

Have clear pathways (no electrical cords, extension cords, kid's toys)

Secure/remove loose rugs (slip-resistant backing, double-face tape, tacking)

Use non-slip mats in tubs/showers

Store clothing, dishes, food and other necessities within easy reach

Clean spilled fluids/food promptly

Ensure pet equipment (toys, leashes, beds, etc.) is out of walkways

Light it right

Place night-light in bedroom, bathroom, and hallways

Turn on lights before using stairs

Store flashlights in easily accessible locations

Use assistive devices

Place hand-rails on both sides of the stairs

Always use hand rails when going up or down stairs

Non-slip treads for bare wood steps

Grab bars for shower and tub

Keep moving

Physical activity can go a long way toward fall prevention.

Light exercise (walking, water aerobics) reduces risk of falls by improving strength, balance, coordination, and flexibility.

Medical considerations

Be aware of medications and their side-effects.

Have you fallen before? Avoid similar circumstances.

Stay hydrated to improve balance and wellness.

From sitting position, stand up slowly.

When getting out of bed, first sit, then stand slowly.

Focus for parents of young children and grandparents

Be careful of low windows – screens will not prevent children from falling through windows.

Do not leave children unattended in shopping carts

Use straps on high chairs and carriers

Other items to consider

Consider footwear – flip-flops, high heels, and shoes with slick soles can cause falls

Beware of wearing only socks on hardwood floors

When walking outdoors, be aware of the surroundings (moisture, ice, leaves, etc.)

Be careful of loose clothing, like bath robes

Use foot stool or ladder to reach high items- NOT a chair

(A Message from the Wellness Team)

A Big Thank You to all that participated in our blood drive in February! Potentially 12 lives were saved due to your giving!

Board of Human Care

Lenten Meals

Although the Lenten meals have been cancelled, we appreciate everyone who volunteered to help serve or provide food. The first 3 went well. Thank you.

Mission Opportunity

Would you like to take a mission trip? There are always mission trips available to us, either near by, in the area or out of state.

If you would be interested the Board of Evangelism has funds for assistance to go on a trip. Contact us and we can help find a trip for you to go on. We can either check with district or synod for trips. These trips are a most rewarding and unforgettable experience you can have.

Education & Youth

Share the fun of Adventureland!

Share the Fun of Adventureland during their annual substance-free weekends. St. Paul members and preschool families who sign up in advance will receive a discount on tickets of only \$28 each. (A savings of \$20). Ticket holders will have their choice of attending one of the following dates:

May 2, 3, 9 or 10. The sign up sheet is on the bulletin board in the narthex. Any questions, please contact Carla Murphy. You can also contact the church office and ask them to sign you up.

(At the time of this submission, Adventureland is planning to hold this special event. If anything changes we will let you know).

Do you like to work with youth? Are you looking for a place to serve your Lord and church family?

Ways you can

If so, the Board if Youth needs you! We are looking for people to join our board or for a Vice chair to start in July. Meetings are once a month (usually the first Monday) and activities are once a month for 7-8 months. It's a great way to have fun with youth and have fellowship with other youth board members. For more information, please contact Carla Murphy.

Education & Youth

Chili Cook-off Wrap-up

We had 10 contestants, 4 judges and 3 winners of the 2020 NYG Chili Cook-off on Saturday, February 29th! Congratulations to the Judges' choice winners: 3rd place – Tom Baas; 2nd Place – Matt Wegner; and 1st Place – Linda Peterson. The winner of the People's Choice: Deann Malfero. Through the generous contributions of our congregation we made \$449 for the 2022 National Youth Gathering!







VBS Safe Training

Vacation Bible School is right around the corner (Augsut 2nd – 5th) and soon we will be searching high and low for volunteers to help. Did you know that St. Paul has a volunteer SAFE policy? Did you know that you need to do SAFE training BEFORE you work with youth at St. Paul? Before it is too late to get you signed up to help with VBS, we want to make sure all the procedures are completed and we are in compliance with the SAFE Policy. So, if you want to help and are not SAFE trained, now is the time to get it completed. There is a quick application, some short online training, and then a 1- 1½ hour face to face training. IF you would like to get trained please contact Angi Esser (SAFE Trainer) or Thomas Wilson (DCE, Director of Family Life Ministry).

Education & Youth

Senior Youth Lock-Out-Lock-In Recap

What a night for a RESTART! We had 6 St. Paul youth, 1 youth from Memorial Lutheran, and 1 friend attend this year's Senior Youth Lock-Out-Lock-In. The group, along with 3 adult volunteers, met at St. Paul and then headed to Ankeny for some fun times at Urban Air and The Escape Room before heading back to Ames for pizza, fellowship, Bible Study and fun (and a little sleep)! The 13 hours went fast, and the group had



a great time! Congratulations to the boys for breaking out of their escape room! Maybe next year the girls can!

Camp Okoboji Summer Camp 2020 Dates: (Due to Covid-19 all are subject to change.)

Camp Okoboji Summer Camp with Jesus at the Lake!

Now Is the time to start registering for camp! If you need help with registration fees, we have free funds available through our youth board, the district and the camp itself! Just ask how to get your share! Applications for funding through the camp auxiliary are due in April, but requests for funding from the youth board is May 1. So, the sooner you know, please let us know!



Contact Carla Murphy for questions. We've had several youth attend the different sessions in the past and we want it to keep growing!!!!!

Kid's Camp #1 -May 29-31. For kids completing kindergarten thru 2nd grade. Perfect weekend to get your child acclimated to camp before they attend on their own in a few years! They experience camp with their parents, grandparents or other relatives. Cost: \$135 for adults and \$85 for kids.

Cub Week #1 -<u>June 7-13</u> for youth who have completed grades 3-5. Cost: \$365. Junior High Week - July 5-11 (6-8th grade) Cost: \$365.

Cub Week #2 - <u>July 12-18</u> for youth who have completed grades 3-5. Cost: \$365. Youth Week - July 19-25 (9-12th grade) Cost: \$365.

Kid's Camp #2 - <u>July 31-Aug 2</u>. For kids (and parents) completing kindergarten thru 2nd grade. cost: \$135 for adults and \$85 for kids.

Women's Ministry

Praise God! The Mite goal for the lowa West District has been met. All mites now collected will go towards the next biennium.

The Women's Bible study will not meet until further notice. We will finish our current study as a group when we are able to meet again. We had



planned to begin a new study called: "The Incredible Power of Kingdom Authority: Achieving Victory Through Surrender" by Adrian Rogers. We still hope to do this study in the fall or next spring. The book must be ordered individually from Amazon. For more information on how to get a book, please call the office. (232-5838)



LWML Iowa West District Convention

All women are invited to attend the LWML IWD Convention coming up June 18-20, 2020 at beautiful Camp Okoboji. The theme this year is "Open the eyes of my heart, O Lord". Watch for a special edition of the eNews with the registration form and other information.



Boone and Carrol Zones are the hosts this year so we will be needing ushers and other workers. Contact Brenda Dryer for more information.

Women's Ministry



ARE YOU READY TO PUT THOSE SMILES ON GIRLS' FACES? Stay tuned- Maybe this fall!

WHAT: DRESS A GIRL AROUND THE WORLD

WHEN: POSTPONED POSSIBLY UNTIL

FALL – DUE TO COVID 19

WHERE: ST. PAUL CHURCH FELLOWSHIP HALL

WHY: TO PUT SMILES ON GIRLS AROUND THE

WORLD WHO DON'T EVEN OWN ONE

DRESS

(Those of you that have sewing ability and want something to do at home can get the pattern to trace and the instructions and sew at home — see Linda Peterson - call her at 515-509-6454.)



SPRINGTIME!! By the time you read this the snow will be gone. April showers bring May flowers to mind. Spring time is filled with hope and promise. The Women's Ministry is going to bring some of that to you through our annual plant sale. We are partnering with Holub Green House to bring you a wonderful variety of annuals to brighten your yard or patio. Holub has the best reputation for quality plants. We will have everything from ageratums and alyssum to zinnias. (Celosia, cosmos, dianthus, geraniums, impatiens, lobelia, marigolds, pansies and petunias, snapdragons, viola, and vinca ...just to name a few). There will be many colors and sizes. We are raising money for the LWML MITE Mission projects worldwide and to help defray the cost of attending the National convention in Lexington, KY. We will soon be taking orders for full flats or baskets of quality plants. Watch for the flyer. Pickup will be May 9, Saturday, Mother's Day weekend at St Paul. Please consider buying your plants from us this spring. Help us and help your garden!

Women's Ministry

LWML National 2019–2021 Mission Grant #8 — \$95,000 Lights for Christ Scholarships in Guatemala

The Lights for Christ program developed by Holy Cross Lutheran Church in Wichita, Kansas and Divine Savior Lutheran Church in Zacapa, Guatemala will impact 12 impoverished Guatemalan children and their families who live in the Zacapa garbage dump by offering the life-saving Gospel of Christ, food and clothing, health and sanitation care, and school transportation to 'the poorest of the poor' with scholarships to attend Divine Savior Lutheran School. This education pro-



gram covers most of their basic needs and equips these children in grades 7-12 to reach out into their community with the gospel. This request funds 90% of the projected costs for these youth to continue their education through high school. Since this scholarship program began, Guatemalan children and their families are worshiping at Divine Savior on a regular basis.



Updates on the LCMS mission in Israel through Apple of His Eye Mission Society. Exciting things are happening with the Roegners, who arrived in Israel on January 9th. Please go to read updates and learn more at www.appleofhiseye.org and look for "Israel Outreach Updates". The first ever outreach by the LCMS in Israel was competed on Sunday, February 1st, 2009. By God's grace, they were able to distribute 6,000+ gospel tracts in Tel Aviv.



During our outreach, they also received 40+ contacts - names and e-mail addresses or phone numbers of unsaved Jewish people who wanted to know more and/or receive a free copy of the New Testament in Hebrew. Please pray for the Follow-up which will take place and for our serious consideration of strategic planning for Israel ministries. You may also send encouragement directly to Rev. Bob and Kristi Roegner at robert.roegner@appleofhiseye.org.

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Women's Ministry

LWML Mite Update: as of 2/29/20

2019-2021 National Mission goal: \$2,100,000.00

Amount Received: \$1,003,368.64 Amount Needed: \$1,096,631.36

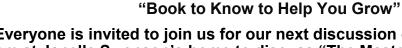
We normally collect mites for missions on the 1st Sunday of each month. For more information about LWML go to www.lwml.org.

Do you know what is going on in the lowa West District of the LWML? The LWML IWD eNews is sent to all women of the congregation who have email. If you do not have email, a copy is printed and placed on the LWML/Missions bulletin board going up to the fellowship hall. You may read it and replace it when you are finished.

FAMILY SERVICE ~ Our quilters will not meet together until further notice, although many are working from home. Do you have a sewing project you have been putting off? This is the perfect time to get out that sewing machine and tackle it.







Everyone is invited to join us for our next discussion on May 14 at 7:00 pm at Janelle Swenson's home to discuss "The Masterpiece" by Francine Rivers. We will also be choosing our books for the next year. Send your suggestions to Connie Lastine.

The Barnes and Noble description of this book: "The New York Times best-selling author of Redeeming Love returns to her romance roots with this unexpected and redemptive love story, a probing tale that reminds us that mercy can shape even the most broken among us into an imperfect yet stunning

masterpiece. A successful LA artist, Roman Velasco appears to have everything he could possibly want—money, women, fame. Only Grace Moore, his reluctant, newly hired personal assistant, knows how little he truly has. The demons of Roman's past seem to echo through the halls of his empty mansion and out across his breathtaking Topanga Canyon view. But Grace doesn't know how her boss secretly wrestles with those demons: by tagging buildings as the Bird, a notorious but unidentified graffiti artist—an alter ego that could destroy his career and land him in prison. Like Roman, Grace is wrestling with ghosts and secrets of her own. After a disastrous marriage threw her life completely off course, she vowed never to let love steal her dreams again. But as she gets to know the enigmatic man behind the reputation, it's as if the jagged pieces of both of their pasts slowly begin to fit together . . . until something so unexpected happens that it changes the course of their relationship—and both their lives—forever."

Date	Hostess	Book			
May 14, 2020, 7 pm	Janelle Swenson	"The Masterpiece" by Francine Rivers			

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April 2020 Service Roster - to be implemented when in-person worship resumes

	April 5 8:30	April 5 11:00	April 12 Easter 7:30	April 12 Easter 10:00	April 19 8:30	April 19 11:00	April 26 8:30	April 26 11:00
Organist	LaDonna Osborn	LaDonna Osborn	LaDonna Osborn	LaDonna Osborn	LaDonna Osborn	LaDonna Osborn	Praise Team	Praise Team
Elders	Matt Weiss	Denny Tice _						
Lectors	Dennis Dobberke	Keith Folkmann	Dennis Dobberke	Keith Folkmann	Gretchen Zitterich	Inez Smith	Gretchen Zitterich	Inez Smith
Acolytes	Keegan Wegner	Kylie Taylor	Daniel Mur- phy	Zach Harris	Shaun Carver	Tate Esser		
Greeters	Dean & Ardy Ulrichson, Lynn & Kim Dreyer	Bob & Mar- ilyn Walker, Jolene Draw- bond						
Ushers	Jeromy & Angela Fritz, Drue Sander, Jerry Schradle	Keith & Carol Folkmann, Tom & Cindy Baas	Jeromy & Angela Fritz, Drue Sander, Jerry Schradle	Keith & Carol Folkmann, Tom & Cindy Baas	Jeromy & Angela Fritz, Drue Sander, Jerry Schradle	Keith & Carol Folkmann, Inez Smith, Mike West	Jeromy & Angela Fritz, Drue Sander, Jerry Schradle	Keith & Carol Folkmann, Inez Smith, Mike West
Coffee Fellowship								
Coffee Time Greeter	Gretchen Zitterich							
Altar Flowers								
Offering Counters	Paul & Adele Knop	-						
Power Point	Greg VanNostrand	Connie Lastine	Greg VanNostrand	Connie Lastine	Greg VanNostrand	Connie Lastine	Greg VanNostrand	Connie Lastine
Sound Board	Jordan Mandernach	Charles Ellis	Jordan Mandernach	Charles Ellis	Jordan Mandernach	Charles Ellis	Jordan Mandernach	Charles Ellis
Altar Guild	Gloria Lewis, –	-						
Video Recorder	Steve Wilcken	—						
Collate Bulletins	Reiny & Maureen — Friedrich							
Valet Parkers	Keith Folkmann		Keith Folkmann		Paul Knop		Jim George	