

MARCH 2020

ST. PAUL LUTHERAN CHURCH
610 15TH ST.
AMES, IA 50010
515-232-5838

VISIT OUR WEBSITE AT WWW.SAINTPAULAMES.ORG
OR OUR FACEBOOK PAGE AT ST. PAUL LUTHERAN CHURCH, AMES, IA

REV. DR. TODD JENKS, PASTOR
THOMAS WILSON, DIR. FAMILY LIFE
LORI JENKS, PRESCHOOL DIRECTOR
PRESCHOOL- 515-233-1914

Letter from Pastor

Dear friends in the Lord,

This month we again celebrate one of my favorite holidays—St. Patrick's Day. Now some of you might wonder why St. Patrick's Day is so meaningful to me, when I don't have a single drop of Irish blood running through my veins. For me, this holiday is much more than an Irish celebration, it is a missionary celebration!

St. Patrick wasn't Irish at all. He was British, born and raised on Britain's west coast. When he was 16 years old, Patrick was captured by Irish warriors who took him to Ireland and sold him as a slave to an Irish shepherd. Sometime later, Patrick escaped from Ireland and returned to his homeland. Yet through God's amazing work in his heart, Patrick was moved to become a missionary and return to Ireland, so he could teach the people there about the Christian faith. Patrick spent the rest of his life sharing God's love with the people who had been his captors. Like the apostle Paul, Patrick was a traveling missionary who would establish a local church, then

move on to another location to start another congregation.

This is why St. Patrick's Day is one of my favorite holidays. It's a chance for us to remember not only the color green, but also the color red – the red blood Jesus shed, which Patrick preached about throughout the entire Emerald Isle. May God make us as willing as Patrick to make personal sacrifices so that others may hear of the sacrifice that our Savior has made for them.

In Christ, the
Savior who
suffered on our
behalf to set us
free from captivity
to sin,

Pastor Jenks

St. Patrick's
Day



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Our Mission is:

- To Know Jesus Christ as Savior and Lord,
- To Grow in faith through His Sacraments and Word, and
- To Go share His Gospel with love in our community and world.

Worship Services at St. Paul Lutheran Church

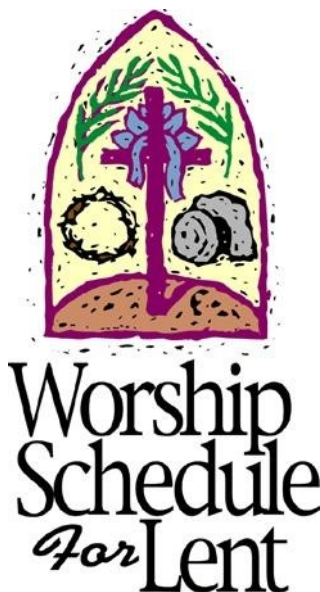
Sunday, March 1
Holy Communion
8:30 a.m. & 11:00 a.m.

Wednesday, March 4
Lent II
7:00 p.m.

Sunday, March 8
8:30 a.m. & 11:00 a.m.

Wednesday, March 11
Lent III
7:00 p.m.

Sunday, March 15
Holy Communion
8:30 a.m. & 11:00 a.m.



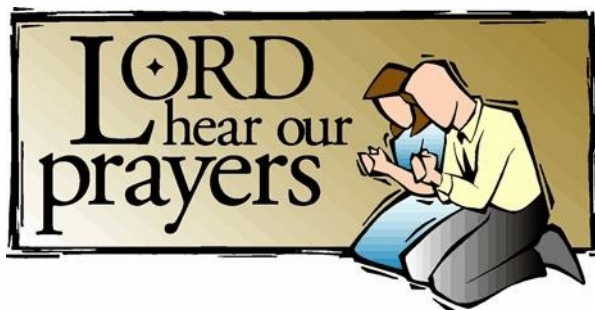
Wednesday, March 18
Lent IV
7:00 p.m.

Sunday, March 22
8:30 a.m. & 11:00 a.m.

Wednesday, March 25
Lent V
7:00 p.m.

Sunday, March 29
Holy Communion
8:30 a.m. & 11:00 a.m.

HOLY SATURDAY PRAYER VIGIL



And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Ephesians 6:18 NIV

Prayer vigils are people united with a common cause to pray and stand watch. After the crucifixion the disciples gathered in locked rooms in fear and prayer. It was a vigil of sorts. A prayer vigil is the practice of continual prayer carried out by a group. Prayer vigils have an ancient history carried on through the ages and then passed on in the monasteries. The first known Protestant continuous prayer was the "Hourly Intercession" of the Moravian Brethren in Saxony. Beginning in 1727 the prayers continued 24 hours a day uninterrupted for over 100 years!!!!

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Devote yourselves to prayer, being watchful and thankful. Colossians 4:2 NIV

We won't be asking for an hour of prayer for the next hundred years but only 15 minutes on Holy Saturday, April 11, from 6 am to 4 pm. The sign-ups will be posted by mid-March. We want to focus on prayers for guidance for our congregation's future direction, asking God's favor and blessing. We will also take many prayer requests ahead of time. There will be missionaries to pray for, prayers for our nation, leaders, and prayers to further God's kingdom. We will provide some pre-printed prayers to assist you in this vigil also.

Together we will be spiritually enriched and drawn to his throne in humble obedience.

Be joyful in hope, patient in affliction, faithful in prayer. Romans 12:12-13 NIV

EASTER PROCESSIONAL

There will be a sign-up sheet for the Easter Processional on the bulletin board. Please sign up by Palm Sunday, April 5th. Many men, women and children are needed. Watch the church bulletin for more information.



Lilies will be placed around the sanctuary for Easter Sunday. They are not only beautiful to look at and to smell their lovely fragrance, but they are a wonderful way to show glory and honor to our Lord and Savior Jesus Christ.

Lilies will be available for the price of \$12.00.

The deadline to order will be Sunday, March 29th.

Watch the church bulletin for the Lily Order Form or forms are available on the church bulletin board.

Board of Stewardship

The Stewardship Committee reminds St. Paul worshippers of two approaching special Sundays. **March 1** will be St. Paul's traditional Time and Talent Sunday. Rev. Keith Haney, Assistant to the President for Missions, Human Care and Stewardship in the Iowa District West office, will be preaching at both services that Sunday, and will lead Adult Bible Study between services. **March 8** will be Loyalty Sunday, when we consider how we might financially support God's mission through St. Paul in the year ahead.

Time and Talent forms, financial pledge cards and informational booklets have been mailed to all members. Forms and pledge cards can be returned at any time by March 29 and placed in the prayer box in the narthex. If you'd like to wait and bring them to the services on March 8, an opportunity will be offered to present your forms and pledges before the altar during the services.

The Board of Stewardship thanks you for taking part in this process as the church begins planning for the new year beginning July 1.

Update-Director of Family Life Ministry

The Lord blessed our congregation roughly 2.5 years ago when Thomas Wilson received our intern position. Then 18 months ago Thomas became our Director of Family Life Ministry. The board of elders on a regular basis at our monthly meeting have Thomas update us on what is happening with Family Life Ministry at St. Paul. The board of elders are amazed with everything that is happening and wanted to share with the St. Paul family a brief summary.

Implementation of the Family Pointe resource wall.

Fellowship and fun opportunities for families at events:

- Lutheran Olympics
- Amazing Ames Race
- Color Wars
- Campfire

Faith and fun opportunities at Family events:

- The Keepsake Christmas (2017 Christmas Event)
- One Starry Night (2018 Christmas Event)
- The Miracle of Jesus (2019 Christmas Event)
- Walking with Jesus (2018 Easter Event)
- Rise Up! (2019 Easter Event)

Faith and Fun for families in the Summer with Summer Faith Talks!

Lenten and Advent in Box activities for families

Advent and Lenten devotional books

Guiding parents through Sticky Faith

Assisting Parents with the Sunday parents' sessions covering: "Gospel Centered Family" and "The Gospel Centered Parent"

Offering resource materials for Preschool families

Assisting the Board of Education with Sunday School materials, including a thorough evaluation of Sunday School curriculum.

Assisting the Board of Youth with Youth Sunday's, Lock-ins and Gatherings.



We want to thank the families that support Thomas and the family life position. We encourage everyone to reach out to Thomas and share your vision of what you want and expect in the future. Thomas really needs and seeks your input. Check out the Family Life parent resource page being developed on the St. Paul website.

Families are a true blessing from the Lord and offer a wonderful support network in the Lord. As the Bible says in Acts of one believer in Jesus and his family: "And he rejoiced along with his entire household that he [and they] had believed in God" (Acts 16:34). A key goal of our Family Life Ministry is to encourage and equip all our families in their daily life in Christ. We ask all members of St. Paul to continue to pray for our Family Life Ministry and our Director of Family Life, and we encourage you to take advantage of all the wonderful programs planned and resources provided through the Family Life Ministry of your church.

Board of Elders

Lenten Meals

March 4 --served by Board of Evangelism, Pizza

March 11--NEEDED

March 18--served by Thomas and Lisa

March 25--NEEDED

April 1 --served by the Board of Elders

Meals are served from 5:45 pm to 6:30 pm. Come at a time that works best for you. If you or a group want to serve, please text Karen at 290-3156 for more information.

Volunteer clean up is always appreciated, too, so everyone can get to church on time.

Mission Opportunity

Would you like to take a mission trip?

There are always mission trips available to us, either near by, in the area or out of state.

If you would be interested the Board of Evangelism has funds for assistance to go on a trip. Contact us and we can help find a trip for you to go on. We can either check with district or synod for trips.

These trips are a most rewarding and unforgettable experience you can have.

Wellness Team

"So whether you eat or drink or whatever you do, do it all for the glory of God." 1 Corinthians 10:31

March Is National Nutrition Month. Reading labels may improve your food choices!



BITE BY BITE
National Nutrition Month
March 2020

eat right Academy of Nutrition
and Dietetics

Nutrients to Get More of:

- Dietary Fiber
- Vitamin D
- Calcium
- Iron
- Potassium



Nutrition Facts	
8 servings per container	
Serving size	2/3 cup (55g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 8g	16%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 240mg	6%

Source: U.S. Food and Drug Administration, Health Educator's Nutrition Toolkit: Setting the Table for Healthful Eating. Available at: <https://www.fda.gov/food/nutrition-education-resources-materials/health-educators-nutrition-toolkit-setting-table-healthful-eating>

(For educational purposes only. These labels do not meet the labeling requirements described in 21 CFR 101.9.)

www.NationalNutritionMonth.org

MARCH 2020

www.eatright.org

(Written permission to use this label insert has been provided by The Academy of Nutrition and Dietetics for our Wellness use at church.)

Most adults need 25-30 grams of fiber daily, with the average person only consuming about 10-15 grams per day. When you eat foods with more fiber, you can decrease your risk of heart disease, diabetes and many cancers. Whole grains, fruits and vegetables are good sources of fiber! Increase your daily fiber intake slowly and drink plenty of fluids to avoid gastrointestinal distress.

Barley is an excellent ancient whole grain that is high in fiber. Here is a barley recipe for a great side dish to pair with your favorite baked poultry dish!

BARLEY SIDE DISH

- 1 cup diced onion
- ½ tsp dried thyme
- 1 cup uncooked barley
- 1/8 tsp pepper
- 10 oz can chicken broth
- ¼ cup water
- 2/3 cup coarsely chopped carrots

Sauté onion in 1 Tablespoon olive or canola oil, then add all other ingredients. Bring to a boil. Remove from heat and transfer to ovenproof dish. Bake at 350 degrees for 50 minutes.

XXX



2020 Iowa Prayer Rally For Life

Join fellow Iowans, legislators, clergy, Lutheran Family Service and other Iowa Coalition of Pro-Life Leaders in being a Voice for Life at the Iowa Prayer Rally for Life on Monday, March 2 from 11AM-3PM at the Iowa State Capitol.

For an agenda of the events or for more information, please contact the church office.



Do you love music? You are invited to a service of music led by the Kantorei of Concordia Theological Seminary in Fort Wayne at Trinity Lutheran Church in Hampton, IA on March 5 at 7:00 pm.

Education & Youth

GAME CHANGER YOUTH LOCK-IN CONTINUE?

***YES* NO**

**Friday, March 27th — Saturday, March 28th
7:00 PM - 7:00 AM**

FREE for all 5th—8th grade youth!

**Bible Studies and Devotions
on the theme of being a Game Changer**

Special THEMED group games!

Free Time for movies, snacks and board games!

Contact Thomas Wilson, DCE for registration materials—

REGISTER by Monday, March 23rd!

"If you can?" said Jesus. "Everything is possible for one who believes." (Mark 9:23 NIV)

SAVE THE DATE

Family Easter Event

This family program invites children and adults to walk the path that Jesus walked. Through activities based on Scripture, participants experience the joy of Palm Sunday, the disappointment of Judas' betrayal, the devastation of the crucifixion, the jubilation of the resurrection, and so much more. At each station, their senses are engaged through experience-focused activity that teaches the biblical Passion account.



Sunday, March 29th, 2020

Education & Youth

Youth Sunday Highlights

Youth Sunday was February 9 at both services. The theme was "God is..." which focused on the characteristics of God, where you find Him, what He means to us and what scripture tells us about Him.

This service was all done by the youth of our church and gave our youth a chance to understand how a church service works. It was also a way to serve their Lord and give back to our supportive congregation.



A HUGE THANK YOU!

A great big Thank you to everyone who supported the youth participants for the 2022 National Youth Gathering with the purchase of a Sub Sandwich and Baked Goods during our annual Sub and Bake Sale Fundraiser! Through your support we raised over \$1,200 for the gathering! We greatly appreciate your continued support!

We would also like to recognize some local businesses that assisted with our fundraiser with their generous donations: Sam's Club (gift card), North Wal-Mart (gift card), Casey's in Gilbert (mayo and mustard packets), Fareway Meat Market (meat and cheese discount), Fareway North (bread at cost). They have truly assisted in lowering our cost of the subs!

Education & Youth

Special Service Project

All youth in grades 4-12 are invited by the Women of St Paul to participate in a "Dress a Girl Around the World" service project on Saturday, April 4 in the Fellowship Hall. The founder will give a speech and instructions on how to make the dresses. Youth do not need to know how to sew to participate. Other groups such as American Heritage Girls and 4-H members may be participating too to earn badges or volunteer hours. If interested, please contact Carla Murphy or the church office. (See more information on page 11.)



Register Now! Camp Okoboji Summer Camp 2020 Dates:

Now is the time to start registering for camp! If you are unsure or have questions please see Carla Murphy. We've had several youth attend the different sessions in the past and we want it to keep growing. Your child can be placed with other kids from our church and our own Erin Murphy will be a camp counselor for the Cub Week in July!

If you need help with registration fees, we have funds available through our youth board, the district and the camp itself! Just ask how to get your share! Camp funding applications are due in April, but the youth board needs to know by May 1. So, the sooner you know, please let us know!



Kid's Camp #1 -May 29-31. For kids completing kindergarten thru 2nd grade. Perfect weekend to get your child acclimated to camp before they attend on their own in a few years! They experience camp with their parents, grandparents or other relatives. Cost: \$135 for adults and \$85 for kids.

Cub Week #1 -June 7-13 for youth who have completed grades 3-5. Cost: \$365.

Junior High Week - July 5-11 (6-8th grade) Cost: \$365.

Cub Week #2 - July 12-18 for youth who have completed grades 3-5. Cost: \$365.

Youth Week - July 19-25 (9-12th grade) Cost: \$365.

Kid's Camp #2 -July 31-Aug 2. For kids (and parents) completing kindergarten thru 2nd grade. cost: \$135 for adults and \$85 for kids.

American Heritage Girls

The troop is in full swing of activities. Last week the Pathfinders and Tenderhearts worked on the "Our Flag" badge by learning about the Betsy Ross flag and other US flags of history. They all learned "My Country 'Tis of Thee". Practicing the color guard routine helped all the girls learn their part. Kayla is collecting books for Food at First as a community outreach project. Julia is collecting hygiene items and the girls assembled health kits for her. Recently five Explorers and several leaders completed the CPR class. ISU students taught the group self defense as part of the Emergency Preparedness Badge. February 14 and 15 was the very successful "camp in" held in Nevada. Family snow tubing event is scheduled for March 8.



Explorers completed lesson 10 of the Nehemiah Bible study. The girls learned 1 Corinthians 15:58. "Therefore dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain".



Women's Ministry

LWML Iowa West District Convention

All women are invited to attend the LWML IWD Convention coming up June 18-20, 2020 at beautiful Camp Okoboji. The theme this year is "Open the eyes of my heart, O Lord". Watch for a special addition of the eNews with the registration form and other information.



Boone and Carrol Zones are the hosts this year so we will be needing ushers and other workers. Contact Brenda Dryer for more information. (641-420-3556)

Women's Ministry

**Imagine a World where every little girl owned at least one dress!
What if that dress was made by you?**

Help us change a life by sewing a simple dress for a girl in need!



WHO: Everyone who wants to make a difference in the lives of these young girls.

WHAT: A SEWING EVENT to put that smile on those little girls' faces and give them that feeling of dignity and self-worth.

WHERE: ST PAUL LUTHERAN CHURCH FELLOWSHIP HALL

WHEN: SATURDAY, APRIL 4TH

FROM 9:30 am –2:00 or 2:30 PM (Speaker at 9:30 am)

Even if you think you are not a seamstress, there will be stations set up where you can sit and iron or cut out a pattern. There will be a job for everyone. We will also need people who can make and serve salads for lunch and bring loose-meat sandwiches to serve on buns.

There is no admission cost, but there will be a free-will donation to help cover the cost of shipping the dresses and to help defray the cost of the meal.

This will be a fun time of fellowship as well as making young girls and young women around the world very happy! Please come and have an enjoyable time! Watch for the information on the posters on the bulletin boards and around the church! For more information, you can contact Linda Peterson at the church office at 515-232-5838 or 515-509-6454.

Coming Soon! Spring Plant Sale!

Many of you have purchased plants from our Spring Plant Sale in the past. We will be having our plant sale again this year. Plan ahead to get your high-quality plants from us. Order forms will be available soon.



Women's Ministry

LWML National 2019–2021 Mission Grant #6 — \$100,000

Restoring Hope for Detroit Children and Families

Detroit has experienced economic disaster and leads the nation with 57.3% of their children living in poverty without food or opportunity. Camp Restore Detroit provides a safe nurturing Christ-centered place for these children, their families, and other adults. This camp provides a place for the children to come and learn about God's love as they participate in art, theatre, and music classes and receive homework help while receiving assistance with basic educational and developmental skills. Additionally, adults are offered parenting, finance, and resume building classes. This grant will fund the renovation of two previously abandoned houses into community outreach centers, along with the house furnishings and outreach materials.



All LWML women are invited to get inspired and renewed as Lutheran Women in Mission with a fun, interactive, and informative program. March 8, 1:30 p.m.

In November 2018, Breanna Wetzler and Lisa Wilson, members of St. Paul Ames, along with LWML Iowa West District President Jane Morris and Junior Pastoral Counselor Rev. Merle Mahnken attended the National LWML Follow the Leader Event. This group spent time learning about the different aspects of the LWML and how they can be better leaders within the organization and how that information can be presented and passed along to ALL members of the LWML.

This group's mission is to pass on what they learned in a fun and entertaining program. Boone is the last stop in the five-city tour of presenting this information. You don't want to miss this. There will be some games and also a skit with leadership tips presented by Breanna and Lisa. This program is designed, NOT ONLY for the seasoned LWML woman but also those new to the LWML.

A servant event is being planned for after the program.

If you have further questions, please reach out to Lisa Wilson at lisawilsonlwml@gmail.com



Women's Ministry

LWML Mite Update: as of 1/31/20

2019-2021 National Mission goal: \$2,100,000.00

Amount Received: \$912,229.57

Amount Needed: \$1,187,770.43

We normally collect mites for missions on the 1st Sunday of each month. For more information about LWML go to www.lwml.org.

Do you know what is going on in the Iowa West District of the LWML? The LWML IWD eNews is sent to all women of the congregation who have email. If you do not have email, a copy is printed and placed on the LWML/Missions bulletin board going up to the fellowship hall. You may read it and replace it when you are finished.

FAMILY SERVICE ~ Quilting Dates for March are March 12 from 10 am - 2:00 pm and March 26 from 10:00 am - 12:00 pm. We will have our Family Service meeting March 26 at 1:00 pm. Everyone is invited to join us. Bring a sack lunch for our fellowship time at noon. We are still accepting fabrics and blankets for the middles of quilts. Thank you.

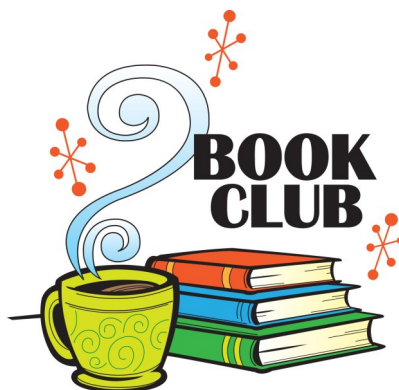


"Book to Know to Help You Grow"

Everyone is invited to join us for our next discussion on March 12 at 7:00 pm at Gretchen Zitterich's home to discuss "Daughter of Jerusalem: A Novel" by Joan Wolf.

The Barnes and Noble description of this book: "In *Daughter of Jerusalem*, readers will quickly identify with Mary Magdalene - a woman of deep faith who used her wealth and influence to serve Jesus. This fictionalized story of Mary Magdalene is, in the truest sense of the word, an inspirational novel for modern people who are looking to renew in themselves the message of Christ. It's the greatest story ever lived,

told by one of the most famous women who ever lived, and it's a page-turner. Joan Wolf's years of success as a novelist enable her to combine storytelling and a faith plot in this beautifully written biblical fiction."



BOOK CLUB

Date	Hostess	Book
March 12, 2020, 7 pm	Gretchen Zitterich	"Daughter of Jerusalem: A Novel" by Joan Wolf
May 14, 2020, 7 pm	Janelle Swenson	"Masterpiece" by Francine Rivers

March 2020 Service Roster

	Mar 1 8:30	Mar 1 11:00	Mar 8 8:30	Mar 8 11:00	Mar 15 8:30	Mar 15 11:00	Mar 22 8:30	Mar 22 11:00	Mar 29 8:30	Mar 29 11:00
Organist	Zach Heilman	Zach Heilman	Ellen Sander	Ellen Sander	Ellen Sander	Ellen Sander	Praise Team	Praise Team	Ellen Sander	Ellen Sander
Elders	Paul Knop	Steve Johnson	Paul Knop	Phil Voge	Paul Knop	Keith Folkmann	Paul Knop	Keith Folkmann	Paul Knop	Keith Folkmann
Lectors	Tanny Latuska	Ellen Sander	Tanny Latuska	Ellen Sander	Tanny Latuska	Ellen Sander	Paul Knop	Ellen Sander	Paul Knop	Ellen Sander
Acolytes	Maci Vogel	Shaun Carver			Tate Esser	Ella Gebhart			Taylor Puck	Tyler Olson
Greeters	Reiny & Maureen Friedrich, Tom & Judy Peter	Janelle Swenson, Gretchen Zitterich	→							
Ushers	Steve & Marlene Johnson, Harry & Pam Mundt	Ron Coy, Judi Charlson, Tom & Cindy Baas	Steve & Marlene Johnson, Matt & Sandra Pflug	Ron Coy, Judi Charlson, Tom & Cindy Baas	Steve & Marlene Johnson, Matt & Sandra Pflug	Ron Coy, Judi Charlson, Tom & Cindy Baas	Steve & Marlene Johnson, Matt & Sandra Pflug	Ron Coy, Judi Charlson, Inez Smith, Mike West	Steve & Marlene Johnson, Matt & Sandra Pflug	Ron Coy, Judi Charlson, Inez Smith, Mike West
Coffee Fellowship	Jim George		Tanny Latuska, Kris Ellis		DeAnn Malfero, Patience Murray		Janelle Swenson, Petersons			
Coffee Time Greeter	Tanny Latuska	→								
Altar Flowers										
Offering Counters	Larry & Nancy Wiebel	→								
Power Point	Sarah Fahrmann	Julie Coy	Sarah Fahrmann	Julie Coy	Sarah Fahrmann	Julie Coy	Sarah Fahrmann	Julie Coy	Sarah Fahrmann	Julie Coy
Sound Board	Ben Fahrmann	John Murphy	Ben Fahrmann	John Murphy	Ben Fahrmann	John Murphy	Ben Fahrmann	John Murphy	Ben Fahrmann	John Murphy
Altar Guild	Gretchen Zitterich, Karen Griffin, Judy Peter	→								
Video Recorder	Harry Mundt	→								
Collate Bulletins	Katie Friedrich, Gloria Lewis	→								
Valet Parkers	Tom Baas		Tom Baas		Tom Peter		Tom Peter		Brian Weber	

Lent Special Service Roster

	March 4 7:00 p.m. Wednesday Lent II	March 11 7:00 p.m. Wednesday Lent III	March 18 7:00 p.m. Wednesday Lent IV	March 25 7:00 p.m. Wednesday Lent V
Organist	Ellen Sander	Ellen Sander	Ellen Sander	Ellen Sander
Elder	Tom Henriksen	Paul Knop	Matt Weiss	Keith Folkmann
Acolyte				
Lector	Inez Smith	Phil Voge	Thomas Wilson	Connie Lastine
Ushers	Steve Vollstedt, Inez Smith, Greg Gebhart, Vickie Roach	Phil & Alberta Voge, Steve & Marlene Johnson	Thomas & Lisa Wilson, David Pietsch, Vic Schulz	Steve & Marlene Johnson, Judi Charlson, Larry Wiebel
Greeters	Angi Esser Family, Judy Peter	Tom & Beth Henriksen, Dennis & Karen Griffin	Tanny Latuska, Linda Peterson	Jolene Drawbond, Bud & Thelma Voetberg
Offering Counters	Larry & Nancy Wiebel	Larry & Nancy Wiebel	Larry & Nancy Wiebel	Larry & Nancy Wiebel
Power Point	Greg VanNostrand	Ben Fahrmann	Judy Peter	Connie Lastine
Sound- board	John Murphy	Ben Fahrmann	Tom Peter	Jordan Mandernach



Grocery Shower for Camp Okoboji



Join us during Lent to support Camp Okoboji with a grocery shower. Their wish list includes- large cans of vegetables (except peas), cereal, sliced olives, mayo (not salad dressing), pickles, Oreos, snack crackers (with cheese or peanut butter), Instant Iced tea, sugar, flour, heavy paper plates, 8oz Styrofoam cups, paper towels, and heavy duty aluminum foil (75 ft. rolls). Look for a tub with the camp logo where you can place your items.

Thank you!!!